

The Online Prosocial Behavior Scale (OPBS) was developed to assess adolescents' involvement in online prosocial behavior. Two subscales (performing and receiving online prosocial behavior) were constructed and their factor structure was evaluated and confirmed through parallel analysis, exploratory factor analysis, and confirmatory factor analysis. The OPBS-subscales displayed good to excellent reliability ( $\alpha_{\text{POPBS}} = .896$ ;  $\alpha_{\text{ROPBS}} = .910$ ) in a sample of 1721 Flemish adolescents of the first year of secondary school (US grade 7). The subscales correlated positively with offline prosocial behavior and use of digital media, supporting the scale's construct validity. Unexpectedly, the subscales also correlated positively with online antisocial behavior. The scale can be a useful tool for researchers and practitioners who need a global instrument to assess adolescents' online prosocial behavior.

Reference:

Erreygers, S., Vandebosch, H., Vranjes, I., Baillien, E., & De Witte, H. (2018). Development of a measure of adolescents' online prosocial behavior. *Journal of Children and Media*. doi:10.1080/17482798.2018.1431558

**English version of the OPBS**

Response options:

- 1 = Never
- 2 = Once this month
- 3 = A few times this month
- 4 = Multiple times this month
- 5 = Every day

**Performing**

How often have you done the following via electronic media (smartphone, computer, tablet...) in the past month?

- 1. Say nice/friendly things to someone
- 2. Say nice/friendly things about someone
- 3. Help someone or offer to help
- 4. Cheer up someone
- 5. Let someone know that you like him/her
- 6. Let know that you like something (e.g., like something, send a smiley...)
- 7. Compliment or congratulate someone
- 8. Help someone with his/her school work
- 9. Support someone
- 10. Comfort/console someone

**Receiving**

How often have you experienced the following via electronic media (smartphone, computer, tablet...) in the past month?

- 1. Someone said nice/friendly things to me
- 2. Someone said nice/friendly things about me
- 3. Someone helped me or offered help
- 4. Someone cheered me up
- 5. Someone let me know that he/she likes me
- 6. Someone let me know that he/she liked something I did (e.g., liked something, sent a smiley)
- 7. Someone complimented or congratulated me
- 8. Someone helped me with my school work
- 9. Someone supported me
- 10. Someone comforted/consolated me

**Dutch version of the OPBS**

Response options:

- 1 = Nooit
- 2= Eén keer deze maand
- 3 = Een paar keer deze maand
- 4= Meerdere keren deze maand
- 5 = Elke dag

**Performing**

Hoe vaak heb je de volgende dingen gedaan via elektronische media (GSM, computer, internet ...) in de voorbije maand?

- 1. Lieve/vriendelijke dingen zeggen *tegen* iemand
- 2. Lieve/vriendelijke dingen zeggen *over* iemand
- 3. Iemand helpen of voorstellen om te helpen
- 4. Iemand opvrolijken
- 5. Iemand laten weten dat je om hem/haar geeft
- 6. Laten weten dat je iets leuk vindt (bv. iets liken, smiley sturen,...)
- 7. Iemand een compliment geven of feliciteren met iets
- 8. Iemand helpen bij schoolwerk (bv. door notities te delen, tips uit te wisselen,...)
- 9. Iemand steunen
- 10. Iemand troosten

**Receiving**

Hoe vaak heb je de volgende dingen meegemaakt via elektronische media (GSM, computer, internet ...) in de voorbije maand?

- 1. Iemand zei lieve/vriendelijke dingen *tegen* mij
- 2. Iemand zei lieve/vriendelijke dingen *over* mij
- 3. Iemand hielp mij of stelde voor om mij te helpen
- 4. Iemand vrolijkte me op
- 5. Iemand liet weten dat hij/zij om me geeft
- 6. Iemand liet weten dat hij/zij iets dat ik deed leuk vindt (bv. iets liken, smiley sturen,...)
- 7. Iemand gaf mij een compliment of feliciteerde me met iets
- 8. Iemand hielp me bij schoolwerk (bv. door notities te delen, tips uit te wisselen,...)
- 9. Iemand steunde me
- 10. Iemand troostte me