

# Can food processing influence the level of contamination with organophosphorus flame retardants and plasticizers (PFRs) in Belgian foodstuffs?



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#### **Target analytes**

Triphenyl phosphate TPhP Tri-ethyl phosphate TEP Tri-n-propyl phosphate TnPP Tri-n-butyl phosphate TnBP Tris (2-chloroethyl) phosphate TCEP Tris (1-chloro-2-propyl) phosphate TCIPP TDCIPP Tris (1,3-dichloro-2-propyl) phosphate 2-Ethylhexyl diphenyl phosphate EHDPHP Tris (2-ethylhexyl) phosphate TEHP Tri-o-tolyl phosphate TOTP TMTP Tri-m-tolyl phosphate Tri-p-tolyl phosphate TPTP Tris (2-isopropylphenyl) phosphate T2IPPP Tris (3,5-dimethylphenyl) phosphate T35DMPP

- ✓ The worldwide ban of the main brominated flame retardants (BFRs), such as PBDEs and HBCDs, led to the increased usage of organophosphorus flame retardants (PFRs) as alternatives<sup>1</sup>.
- ✓ PFRs have been already measured in environmental abiotic matrices (air, dust, surface water, and sediments) all over the world<sup>1</sup> but data on the human exposure to PFRs from food are still scarce<sup>2,3</sup>.
- In this study, we analyzed 14 PFRs in 165 composite food samples belonging to different categories (fish, meat, grains, eggs, milk, cheese, vegetables, food for infants, oils) and purchased from the Belgian food market.
- Based on the results obtained and using recent data concerning the Belgian food consumption in 2014<sup>4</sup>, the average PFR per capita intake of the Belgian adult population (15-64 years) was calculated.



- Quantification of target analytes was achieved by gas chromatography coupled to tandem mass spectrometry (GC–MS/MS) operating in electron ionization (EI) mode<sup>2</sup>.
- ✓ The *per capita* intake was determined by multiplying the *per capita* consumption of a specific food group with the concentration of the compound found in the considered food sample.
- Out of 14 PFRs, TnBP, TCEP, TCIPP, TDCIPP, TPHP, EHDPHP, TEHP were measured in most of the food categories (detection frequency 10 100 %), while the other target analytes were < LOQ. TPHP was the most abundant compound (27%), followed by TCIPP (25%) and EDHPHP (20%).</li>
- ✓ Fats > Grains > Cheese were the food categories with the highest levels of PFRs (Fig. 1). The whole data set was divided into "non-processed food" (foodstuffs slightly altered from their natural state, e.g. frozen, freshly cut, or directly packed) and "processed food" (manipulated and industrially altered/processed foodstuffs, e.g. canned, smoked, dried, fried, minced, etc.) (Fig. 2).



Fig. 2 Distribution of total PFRs in processed food and non-processed food



Table 1 Mean daily dietary intake in ng/day and ng/kg bw/day for Belgian adult population (72,9 kg on average)

| Foo | od groups   | TnBP | TCEP | TCIPP | TDCIPP | TPHP | EHDHP | TEHP |
|-----|-------------|------|------|-------|--------|------|-------|------|
| Fat | S           | 126  | 49   | 739   | 383    | 41   | 144   | 123  |
| Egg | S           | 1    | 0    | 2     | 1      | 1    | 1     | 2    |
| Cru | ustaceans   | 1    | 1    | 6     | 5      | 6    | 4     | 2    |
| Μι  | issels      | 9    | 1    | 19    | 1      | 157  | 6     | 3    |
| Fis | h           | 13   | 3    | 19    | 12     | 10   | 15    | 6    |
| Gra | ains        | 74   | 49   | 291   | 12     | 2080 | 398   | 30   |
| Pot | tatoes      | 25   | 18   | 56    | 47     | 39   | 101   | 39   |
| Me  | eat         | 27   | 23   | 33    | 92     | 174  | 82    | 40   |
| Ve  | getables    | 19   | 0    | 3     | 2      | 315  | 1     | 2    |
| Sto | ock         | 2    | 3    | 5     | 4      | 6    | 50    | 6    |
| Ch  | eese        | 24   | 23   | 49    | 99     | 350  | 42    | 55   |
| De  | serts       | 13   | 6    | 20    | 10     | 50   | 188   | 13   |
| Mi  | lk          | 70   | 31   | 111   | 30     | 166  | 55    | 35   |
| Tot | al (ng/day) | 404  | 207  | 1350  | 697    | 3396 | 1087  | 355  |
| Tot | al (ng/kg   |      |      |       |        |      |       |      |

✓ For the average adult population (15-64 years), the total dietary intake of PFRs was estimated to be 7500 ± 1550 ng/day, and no significant differences between the PFR intakes of men and women were observed (Table 1).

✓ The mean dietary exposure mainly originated from grains (39%), followed by fats and oils (21%) and dairy products (20%) (Fig. 3).

✓ The major contributors to the total intake were TPHP (45 %) > TCIPP (18 %) > EHDPHP (15%) > TDCIPP (9%) > TEHP and TnBP (5

Fig. 3 Contribution of each food category to the daily PFR intake

 bw/day)
 5.5
 2.8
 18.5
 9.6
 46.6
 14.9
 4.9
 %) > TCEP (3 %).

 RfD values (ng/kg
 22,000 80,000 15,000 70,000 15,000 

✓ Detectable levels of PFRs were found in the majority of the food categories.

Fig. 1 Mean MB levels of PFRs in the different food groups

- ✓ Fats were found to be the highest contaminated food group in this study, followed by grains. These categories were also the main contributors to the PFR *per capita* intake.
- ✓ The contamination of food with PFRs might likely originate from industrial processing and manipulation and/or alteration of food products.
- ✓ Human *per capita* exposure to PFRs from food was estimated and found much lower than the health-based reference points. Overall, Belgian foodstuff showed low contamination and low risk to humans.

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