

# HPV types in oral and oropharyngeal mucosa of patients at Dr George Mukhari Academic Hospital

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# Introduction

- \* Large knowledge gap in Sub-Saharan Africa concerning HPV-associated head and neck Squamous cell carcinoma (SCC).
- \* Data from Africa is sparse

*Blumberg et al., 2015; Warnakulasuria, 2009; Vogt et al., 2013*

# Introduction

- \* Very few studies investigated prevalence of HPV-types in specimens of benign and malignant oral lesions in South Africa
- \* No reliable data describing spectrum of HPV types infecting oral and oropharyngeal mucosae of South African population groups.
- \* Data on oral/oropharyngeal HPV prevalence in healthy and in HIV-infected children in South Africa is lacking.

# Introduction

- \* Creating a meta-analysis for data published from Africa is challenging:
  - \* Population groups
  - \* Specimen types
  - \* Specimen collection methods
  - \* Non-standardized analysis methods

# Introduction

- \* Based on current evidence:
  - \* Oropharyngeal SCC has a strong association with HR-HPV types
  - \* Oral SCC induced by HPV are rare, and of these, only a limited number are transcriptionally active.
  - \* Oral and/or oropharyngeal SCC may be associated with a different type of HPV than 16 or 18.

# HPV-transmission

- \* Oral/oropharyngeal HPV infection can be acquired through:
  - \* Oral-genital contact
  - \* Mouth-mouth contact
  - \* Autoinoculation
  - \* Mother-child (infants)
- \* *Fakhry et al., 2006; Coutlee et al., 1997; Fu et al., 2015*

# HPV-transmission

- \* Immunosuppressed people are at significantly greater risk of
  - \* Acquiring oral HPV infection
  - \* Experiencing a more aggressive course of the infection
- \* Immune-responses are low as virus is shielded intracellularly
- \* E5-ORF product promotes immune evasion
- \* Active oral HPV infection is transmissible in both Subclinical and Clinical infective stages.

# HPV transmission

- \* Autoinoculation occurs between anatomical sites in mid-adult women.
  - \* Lifetime number of open-mouth kissing partners associated with oral HPV detection.
  - \* Lifetime number of male vaginal sex partners associated with oral HPV detection.
  - \* Oral and fingernail HPV detection had some association with vaginal HPV detection, but perhaps not the main source.
- \* *Fu et al., 2015;*



# HPV-transmission

- \* High numbers of vaginal-sex partners, high number of oral sex partners, smoking, alcohol consumption were all shown to be independently significantly associated with positive oral-HPV testing in young, unvaccinated adults.

\* *Dalla Torre et al., 2015*

# HPV-transmission

- \* Smoking has been shown to reduce oncogenic HPV clearance in the mouth, and
- \* Data on the effects of antiretroviral therapy on HPV clearance is still inconclusive, however, an association exists between development of HPV-associated oral lesions and period of HAART use.

- Gaester et al., 2014; Giuliano et al., 2012; Anaya-Saavedra et al., 2013

# Oral HPV-associated lesions

- \* Manifestations of oral HPV infection:
  - \* Transitory (Subclinical) up to 50% of cases
  - \* Spontaneous regression in up to 30% of cases
  - \* Persistent infection
- \* Clinical manifestations vary with the anatomic site affected and with the genotype of HPV

# HPV Types and association to lesions:

## Benign oral lesions

- \* *Oral squamous cell papilloma* HPV types 2, 4, 6, 11 and 40
- \* *Veruca vulgaris* HPV types 1, 2, 4, 7 and 57
- \* *Condyloma acuminatum* HPV types 2, 6, 11 (and less frequently HPV types 16, 18, 31, 33 and 35)
- \* *Focal epithelial hyperplasia* (Heck disease) HPV types 13 and 32



Courtesy Drs R Chandran and A Masilana, Dept Periodontology and Oral Medicine

# HPV Types and association to lesions:

Potentially malignant oral lesions:

- \* Leukoplakia HPV types 6, 11, 16 and 18
- \* Erythroplakia HPV types 6, 11, 18, 31 and 33

Oral and oropharyngeal squamous cell carcinoma HPV types 16 and 18 mostly

Recurrent respiratory papillomatosis HPV types 6 and 11



Courtesy Drs R Chandran and A Masilana, Dept Periodontology and Oral Medicine



# Oral and Oropharyngeal SCC

- \* Head and neck cancer incidence is decreasing worldwide, but oropharyngeal SCC appears to be increasing – *Marur et al., 2010; Blumberg et al., 2015*
- \* Only one study from South Africa (Africa) supports this trend – *Ayo-Yusuf et al., 2013*
- \* These cases trending mainly in younger, non-smokers that may not have any other risk factors – *Gillison et al., 2000; Blumberg et al., 2015*



# Oropharyngeal HPV-associated cancer

- \* Associated with **HPV 16, 18, 31 and 33** in studies from industrialised countries
- \* HPV-oropharyngeal SCC described as a distinct entity in 2000 – *Gillison et al., 2000*
- \* HR-HPV is on a trend to become the dominant aetiologic factor for OP-SCC in most Western countries – *Chaturvedi et al., 2011*
- \* Oral HPV prevalence is higher in patients with tonsillar and base of tongue SCC – *Nordfors et al., 2014*

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- \* Profile of head and neck HPV infection is yet to be determined for Africa – *Labouba et al., 2015*

# Country Data

Gabon - *Labouba et al., 2015:*

- \* Head and neck SCC is increasing in Gabon.
- \* But, tobacco and alcohol consumption epidemiology is poorly documented and,
- \* No cause/effect link has been studied between HPV and head and neck cancer in Middle Africa

Senegal - *Ndiaye et al., 2013:*

- \* 117 H&N cases including 41 oral and 7 oropharyngeal
- \* Out of these, **HPV-35** detected in one gingival SCC
- \* None showed p16<sup>INK4a</sup> positivity

# Country Data

- \* Mozambique - *Blumberg et al., 2015:*
  - \* **HPV-16** presence in oral and oropharyngeal SCC
    - \* All oropharyngeal specimens (n=22) were p16 negative
    - \* Two oral-tongue (n=29) specimens were p16 positive
    - \* All specimens negative for E6/E7 PCR
- \* South Africa - *Paquette et al., 2013:*
  - \* 72% of oropharyngeal SCC were **HPV-16** positive
  - \* 11.8% of oropharyngeal SCC positive for **HPV-31** alone

# Literature review

- \* Van Rensburg et al., 1995 - S Afr Med J
- \* Van Rensburg et al., 1996 - Anticancer Res
- \* Boy et al., 2006 - J Oral Pathol Med
- \* Richter et al., 2008 - J Oral Pathol Med
- \* Marais et al., 2008 - J Med Virol
- \* Paquette et al., 2013 - Head & Neck Pathol
- \* Vogt et al., 2013 - Front Oncol
- \* Mbulawa et al., 2014 - J Infect Dis
- \* Davidson et al., 2014 - S Afr Med J

# Literature review

- \* Van Rensburg et al., 1995
  - \* 66 cases of Oral Squamous Cell Carcinoma
  - \* Targeted HPV 6, 11, 16 and 18
  
- \* Van Rensburg et al., 1996
  - \* 146 cases of Oral Squamous Cell Carcinoma
  - \* Targeted HPV 6, 11, 16 and 18

It could be that oral or oropharyngeal Squamous Cell Carcinoma is associated with a different type of HPV.

# Literature review

- \* Boy et al., 2007
  - \* 59 patients with Oral Squamous Cell Carcinoma
  - \* Only investigated HPV 16 and 18
  - \* 7 were RT-PCR positive for HPV 16, none for HPV 18
  - \* All negative on ISH for both HPV 16 and HPV 18
- Results were contrasting to a meta-analysis by Miller and Johnstone (2001)

By definition, the sites investigated by these three studies included the oropharynx.

# Literature review

- \* Richter et al., 2008

- \* 30 women, HIV positive, prior to HAART

- \* Oral sites *scraped*: buccal mucosa and lateral borders of the tongue

- \* However: HPV types investigated –

- HR: 16, 18, 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, 68, 73, 82

- P-HR: 26, 53, 66

- LR: 6, 11, 40, 42, 54, 55, 61, 62, 64, 67, 69, 70, 71, 72, 81, 83, 84, IS39 and CP6108



# Literature review

- \* Richter et al., 2008 continued...
  - \* Oral HPV types identified:  
HPV – 45, 59, 62, 72, 81, 84
  - \* 2/30 had multiple oral HPV types
  - \* 6/30 had concurrent oral/genital HPV types, but only 3 corresponded...
- \* Marais et al., 2008 identified oral infection with HPV in 45.5% of HIV + and 25% of HIV- women with confirmed cervical disease.
  - \* Most commonly identified HPV - 33, 11 and 72

# Literature review

- \* Paquette et al., 2013

- \* HPV 16, 18, 31, 33, 35, 39, 45, 52, 58, 59 and 68

- \* 37/55 Oropharyngeal Squamous Cell Carcinoma FFPE tissue specimens were HPV positive

- \* HPV 16 AND 31 – 32%

- \* HPV 16 – 32%

- \* HPV 31 – 24%

- \* HPV 16 and 18 – 8%

- \* HPV 18 – 4%

- \* Contrast to Boy et al., (2007) and Blumberg et al., 2015

# Literature review

- \* Vogt et al., 2013
  - \* 34 Couples' oral and genital HPV prevalence
  - \* Investigated 37 types including oncogenic types:  
16, 18, 31, 33, 35, 39, 45, 51, 52, 56, 58, 59, 68, 73 and 82
  - \* Described as 'oral' but because a gargle and rinse technique was used, the wash is representative of oral and oropharyngeal
  - \* 3 couples had concordant oral-genital HPV infection which supports the oral-sex transmission route.
  - \* Detected: HPV – 62, 72, 35, 52, 33, 58, 16, 74, 66
  - \* (4% oncogenic types)

# Literature review

- \* Mbulawa et al., 2014

- \* 221 Heterosexual couples – brush collection buccal
- \* 6.8% of women and 13.5% of men – oral HPV positive
- \* 13.5% of all participants had multiple oral HPV types
- \* Most commonly identified types:
  - HPV – 72, 55, 62, 61
- \* Other HPV types in the mouth:
  - HPV – 52, 84, 81, 11, 31, 69, 51, 81, 89, 53, 59, 42, 35, 33, 58, 16

# Literature review

- \* Davidson et al., 2014

- \* 125 Male factory workers

- \* HPV types investigated:

- HR: 16, 18, 31, 33, 35, 39, 45, 51, 52, 56, 58, 59,  
68, 73, 82

- P-HR: 26, 53, 66

- LR: 6, 11, 40, 42, 54, 55, 61, 62, 64, 67, 69, 70,  
71, 72, 81, 83, 84, IS39 and CP6108

- \* 7 (5.6%) tested positive for oral HPV infection with one having HPV 71 and 72 co-infection

- \* Two participants had a HR-HPV-type each (16 and 68)

# Practice of Oral Sex

- \* When interpreting data on oral sex practice, the definition of Oral Sex needs to be deliberately constructed.
- \* US studies show rates of oral sex practice between 20-78% of young adults.
- \* In China 6.9% was recently reported.
- \* Increased prevalence of oropharyngeal cancer is thought to be related to increased oral sex by males on females.

# Practice of Oral Sex

- \* Contrary to other reports *Young et al., 2015* state that less than 1% of persons that report to engage in oral sex practice have positive oral HPV tests and that HPV cannot be spread through kissing.
- \* Yet, *Fu et al., 2015* demonstrates a significant association between open-mouth kissing and HPV-positive tests.

# Practice of Oral Sex

- \* Number of oral sex and vaginal sex partners is a risk factor for oropharyngeal SCC – *D'Souza et al., 2007*
- \* Oral sex practice significantly correlates to positive oral-HPV testing (Brush specimens) – *Dalla Torre et al., 2015*
- \* Data on oral sex practice and related behaviour in South Africa is sparse – *Blumberg et al., 2015*



# Practice of Oral Sex

Reports of Oral sex practice in South African oral/oropharyngeal HPV studies

<b>Study</b>	<b>N=</b>	<b>Women</b>	<b>Men</b>	<b>Population</b>
Vogt et al., 2013	68	82%	84%	Heterosexual couples
Davidson et al., 2014	125	N/A	40.80%	Male factory workers
Mbulawa et al., 2014	442	8.70%	6.20%	Heterosexual couples
Wood et al., 2014*	514	16.2%	32%	Dental clinic attendees

\*under consideration for publication



# Specimen collection

# Specimen collection to determine HPV presence

- \* Oral rinse suitable for screening studies – *Lawton et al., 1992*
- \* Oral rinse provides best representation of HPV infection in the mouth. Superior to brush – *Steinau et al., 2012*
- \* Oral Rinse samples are suitable for HPV detection and screening – *Dang et al., 2015*

# Specimen collection to determine HPV presence

- \* Biopsy specimen more accurate than brush specimen for Oral SCC – *Termine et al., 2015*
- \* No difference between brush and biopsy, BUT brush had larger number of inadequate samples – *Marques et al., 2015*



# Study components

# AIMS

- \* To describe the sensitivity and specificity of the APTIMA<sup>®</sup> HPV assay on the Panther platform and the LUMINEX<sup>®</sup> genotyping systems for use in the detection of HPV in oral wash, brush and FFPE tissue specimens.
- \* To determine the prevalence of, and to genotype HPV in the oral and oropharyngeal mucosae of the HIV-seropositive participants and in the dental hospital attendees of all ages.

# AIMS

- \* To compare and to report on relationships between oropharyngeal HPV-infection, benign and malignant oral lesions and age, gender, HIV-serostatus, smoking and self-reported sexual practices in all participant groups.
- \* To characterize and describe, as a case-control study, the HPV-prevalence in benign and malignant oral and oropharyngeal FFPE tissue specimens.

# Study population\*

- \* Prevalence of oral and oropharyngeal human papillomavirus types in patients attending:
  - \* The Sefako Makgatho Health Sciences University Oral Health Centre, and
  - \* The Dr George Mukhari Academic tertiary hospital HIV clinic, South Africa
- \* The population groups:
  - \* General population attending a dental clinic
  - \* HIV seropositive individuals on HAART
  - \* Children and Adults

\*Min 120 HPV positive



# Questionnaire and Wash

- \* An self-administered questionnaire will be completed prior to oropharyngeal wash specimen collection.
- \* Participants will be asked to rinse for 15 seconds and then to gargle for 15 seconds with 7ml of a commercially available, saline mouthwash, and then spit the contents into a Thinprep® vial containing Preservcyt® solution. The specimens will be stored at 4°C until transportation to the Virology laboratory.

# Methodology

- \* Brush sample collection will be done in the left soft palate, the right tonsillar fauces and the left floor of the mouth of each participant using the Rovers® Orcellex® brush system.
- \* The brush will then be vigorously agitated in a Thinprep® vial containing Preservcyt® as a liquid-based preparation and stored at room temperature until transportation to the laboratory.

# Methodology

- \* Tonsillar tissue removed during routine tonsillectomy will serve as control for the study of the FFPE tissue specimens.
- \* Benign and malignant HPV-associated oral and oropharyngeal FFPE tissue specimens will be prepared for DNA extraction, amplification, and genotyping.

# Methodology

- \* HPV detection by APTIMA® system using oral wash samples - Although the APTIMA® assay cannot perform genotyping, the presence of HR HPV mRNA of proteins E6/E7 as expressed during viral replication is detected in this fully automated assay.

# Methodology

- \* DNA will be extracted using an automated Biomérieux system from the oral and oropharyngeal wash, brush and FFPE tissue specimens however, tissue specimens will undergo pre-lysis step before being placed on the automated Biomérieux system for complete extraction. Specimens extracted with this platform will be subjected to polymerase chain reactions (PCR) and genotyping using Luminex<sup>®</sup> system.

# Statistics

- \* Data will be analysed through  $X^2$  tests and Z-tests for proportions, using a 5% significance level throughout.
- \* All data will also be descriptively presented.
- \* Logistic regression analyses – multivariate analysis will be applied to the effect of each of age, adult/child, gender, smoking status, alcohol use and oral sexual practices, and its interaction with the variable in question, on the presence/absence of HPV, and on HPV type.

# Closing remarks

- \* HPV-status of a lesion may influence the diagnosis, treatment and follow-up – *Mirghani et al., 2015*
- \* Increase in HPV-associated oropharyngeal cancer might influence vaccination policies for males
- \* This knowledge can be further applied to investigate the proposed chemical/HPV combined pathway of carcinogenesis.

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