

WACHA!!!

Self Sampling: the Kenya experience

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ICRH

Introduction

- Self Sampling for CxCa prevention:
 - Based on the presence of HPV testing
 - Depending on quality of the sample
 - Tool to reach more (and other) women
 - Less need for medical staff
- Conclusion: Self sampling has all potential to become an interesting option in Kenya.



Study setup

- 287 women (age 18 – 65 year)
- Recruited from the AMPATH clinic (Eldoret)
- Majority HIV positive
- Informed consent

- First Self-collected sample
- Followed by physician taken sample

- All preserved in Thinprep medium (Hologic)





CareHPV and brush



Some history

- Samples would be analyzed using the Qiagen CareHPV system.
- Self sampling device was the CareBrush (Qiagen)
- Preservative was the enclosed solution

But: issues with the delivery of reagents and the collection medium

-> Switch to Hologic Thinprep and Riatol qPCR



Research Questions

- Performance of self sampling versus clinician (DNA yield)
- Prevalence of HPV in specified population
- Genotype-specific epidemiology

- Feasibility to detect *Trichomonas Vaginalis* using self-sampling
- Prevalence of *Trichomonas* in the population



Performance – DNA yield

Age (years)	Clinician-taken sample (ng/μl)	CareBrush self-sampling (ng/μl)
<20	31,7	49,2
20-24	26,7	46,9
25-29	16,8	45,0
30-34	20,8	71,8
35-39	20,9	47,4
40-44	44,3	32,5
45-49	57,3	64,5
50-54	42,8	44,7
55-59	30,8	51,0

CareBRUSH collects more DNA than clinician-taken sample, independent of the age of the woman



HPV prevalence

- Prevalence:
 - Self-collected: 49.48% positive
 - Clinician-taken: 41.81% positive
- Concordance:
 - Majority of the cases concordant results

	Self sampling negative	Self sampling positive
PAP negative	128	35
PAP positive	14	108

- Comparable number of insufficient samples (1%)



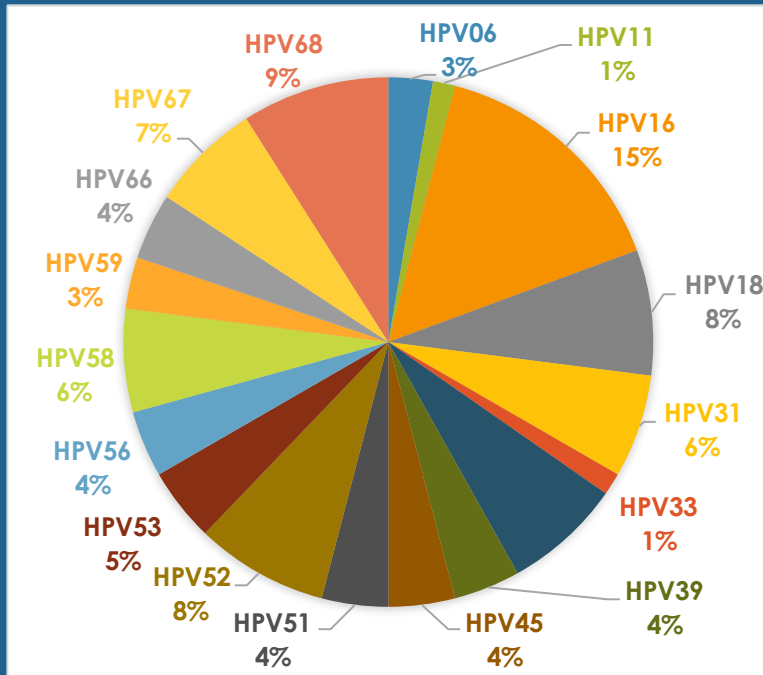
Genotype-specific findings

- Differences between self-collected and clinician-taken samples: Top 5

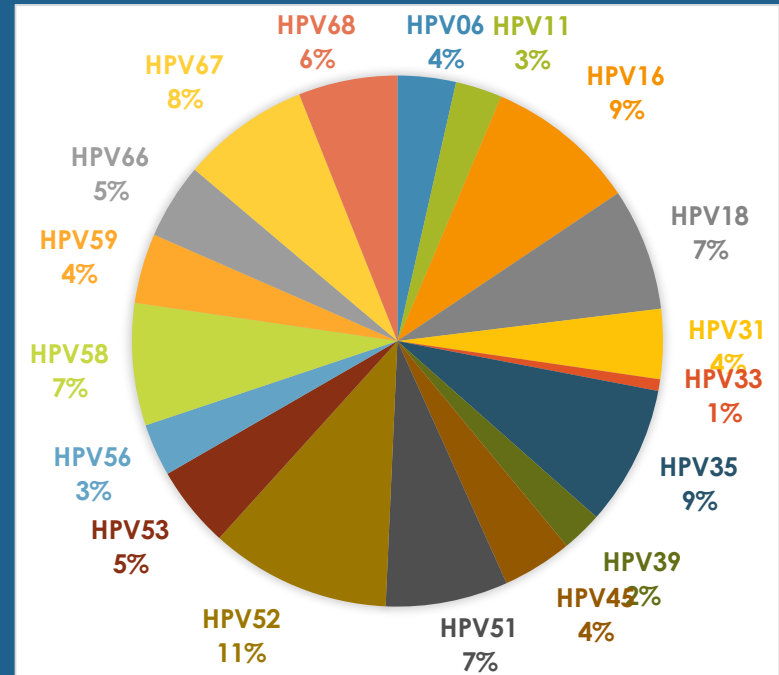
Clinician-taken	Self-collected
HPV 16	HPV 52
HPV 68	HPV 16
HPV 52	HPV 35
HPV 18	HPV 67
HPV 67	HPV 18



Genotype-specific findings



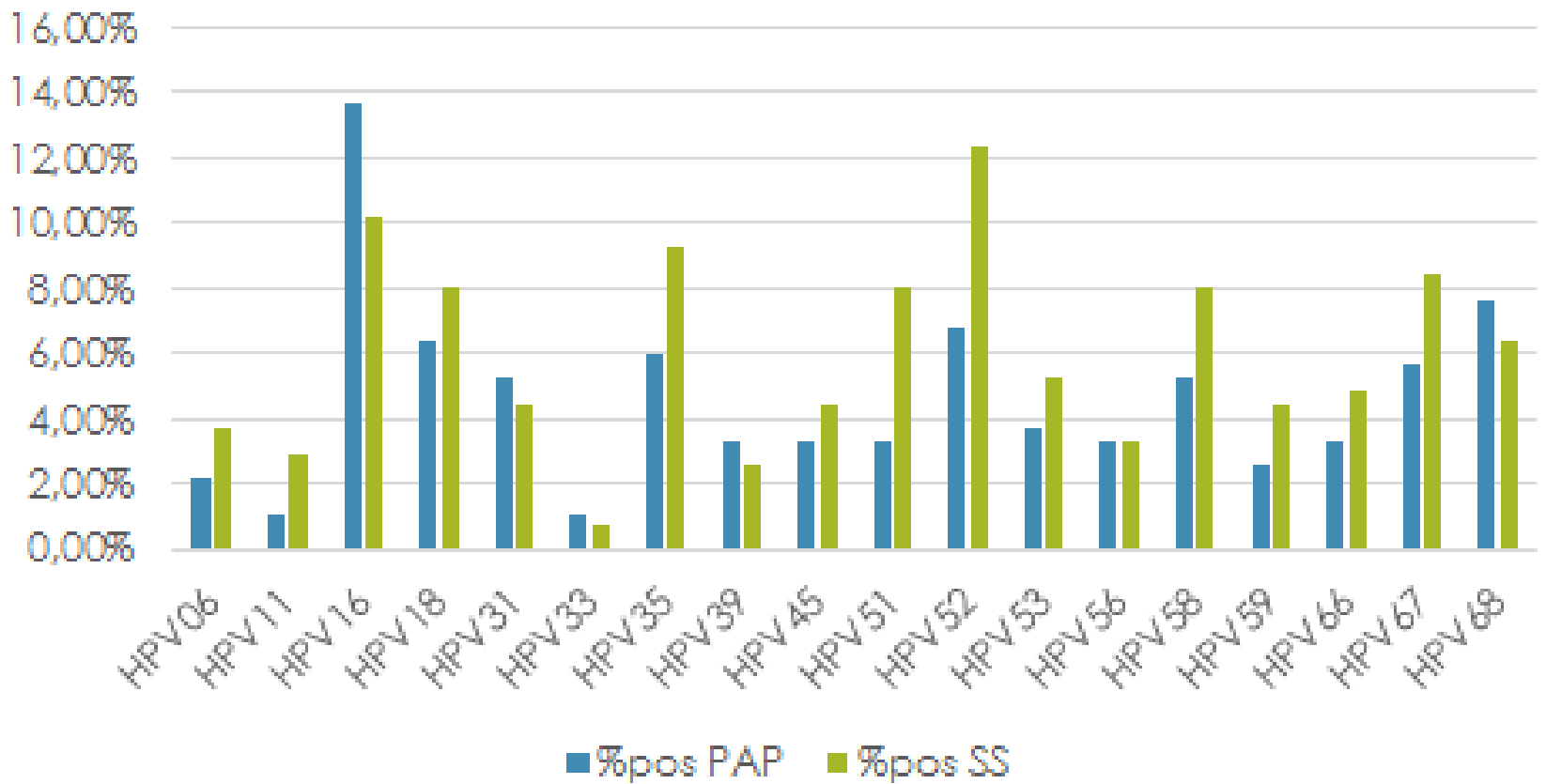
Clinician-taken



Self-collected



Chart Title



Trichomonas Vaginalis

- Valid results were obtained in 99% of all samples
- HIGH PREVALENCE WAS FOUND!!!!
 - Self-sampling: 12.11%
 - Clinician-taken: 8.71%



Conclusions

- Self-Sampling is an effective tool to collect samples
- Performance is non-inferior versus clinician-taken samples
- Self-collected samples allow also to test for other STIs, i.e. *Trichomonas vaginalis* (others???)
- BUT:
 - Differences in HPV types found
 - Differences in prevalence
 - Uncompletely known clinical relevance



Conclusions

- Lessons learned:
 - Issues to find careHPV reagents
 - Logistics remain considerable!!!
 - Complaints of women regarding the self-collection device
 - High yields in DNA and good performance, but women disliked to insert the device
 - Better to perform a study towards the user-perspective of the best device to be used prior to roll out.



Ongoing activities

- Aim is:
 - To further evaluate the performance of self-sampling in detection of other STIs (one-sample-for-all???)
 - To compare performance of HPV tests designed for developing countries (+/- VALHUDES – PERHLA study)
 - To improve laboratory quality system and introduce barcodes for traceability and chain of custody
 - To perform outreach in MSM population for epidemiology



Thank you!

Asante Sana!

