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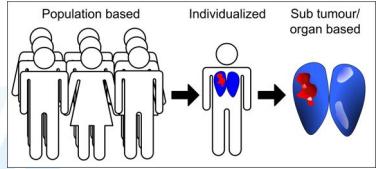



Individualised Radiotherapy: How biology, physics and genetics meet

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Taking advantage of heterogeneity



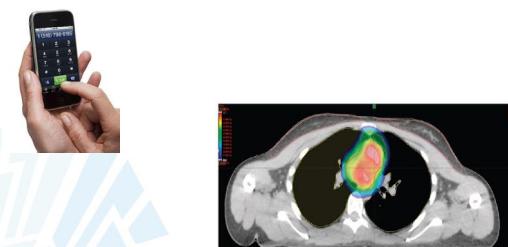
Lambin et al. *Radiother Oncol* 2010

Technological evolution is unprecedented and unpredictable ... for telephones ...



1890: First radiotherapy
1965: Mantle field radiotherapy
1985: Many phase III trials

2014: Are mostly not used telephones anymore ...

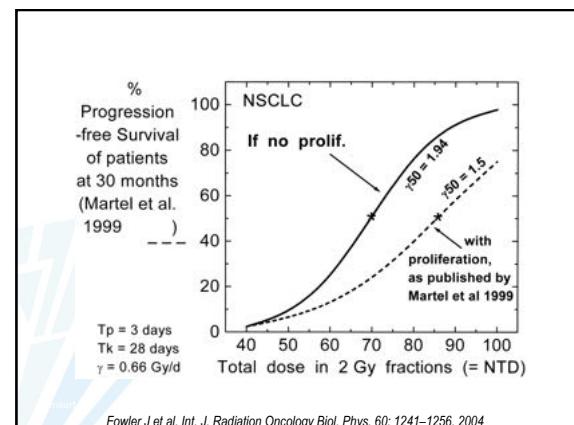


Volumetric Arc Therapy (VMAT)

Successful radiotherapy

- Dose
- Time
- Volume

→ Appropriate target volume definition
→ Avoiding normal tissues
→ Adequate delivery and QA



Optimising target volume definition with FDG-PET-CT scans



Non-Small Cell Lung Cancer

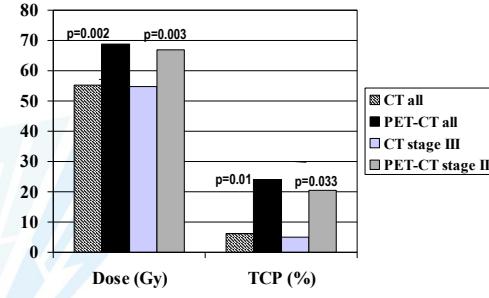
- median follow-up time post-radiotherapy 16 months (95 % CI 11-21)
 - median actuarial overall survival: 21 months (95 % CI 14-28)
 - median progression free survival: 18 months (95 % CI 12-24)
 - 11/44 (25 %) local recurrence

– Only 1/44 isolated nodal failure
(crude rate 2.3 %, upper bound 95 % CI 10.3 %)
(CT and PET T2NOMO left upper lobe SqCC 16 mo after RT in nodes 5 and 6)

De Ruysscher et al. Int J Radiat Oncol Biol Phys 2005

Non-Small Cell Lung Cancer

Theoretical radiation dose escalation with the *same toxicity* with FDG-PET-CT planning



*van der Wel et al. Int J Radiat Oncol Biol Phys 2005
De Ruysscher et al. Radiother Oncol 2005*

Small Cell Lung Cancer

Recurrences	N° patients	%
None	21	35
Local (prim. tumor)	9	15
Exclusively in-field	3	5
Local and distant	7	11.7
Isolated nodal	2	3.3
Nodal	20	33.3
Exclusively in-field	8	13.3
Nodal and distant	18	30.0
Distant	34	56.7
Isolated distant	19	31.7
Distant and local/nodal	15	25.0
Isolated brain	9	15.0

van Loon et al Int J Radiat Oncol Biol Phys 2009

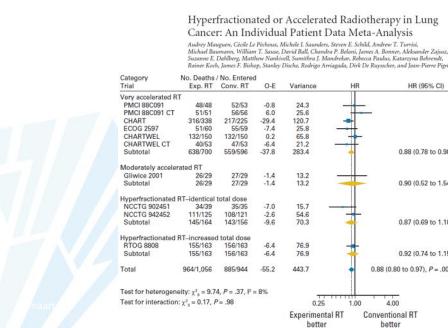
Optimising the overall treatment time

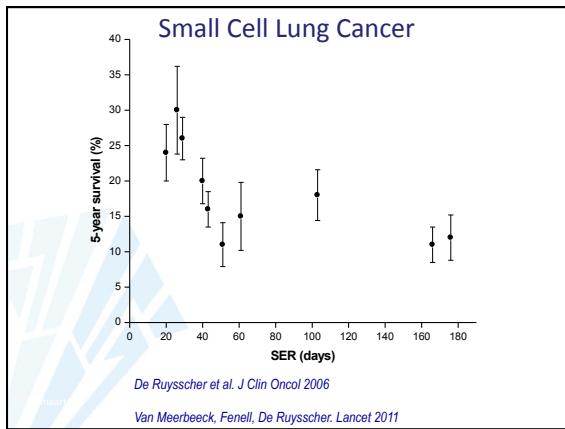


Non-Small Cell Lung Cancer

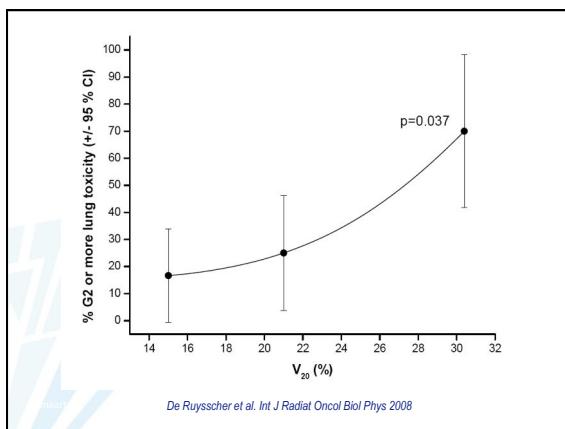
JOURNAL OF CLINICAL ONCOLOGY

REVIEW ARTICLE



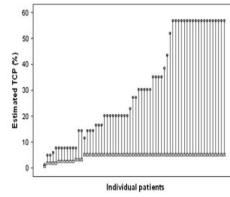


**Individualisation based on
optimal target volume definition
short overall treatment time
physical constraints**

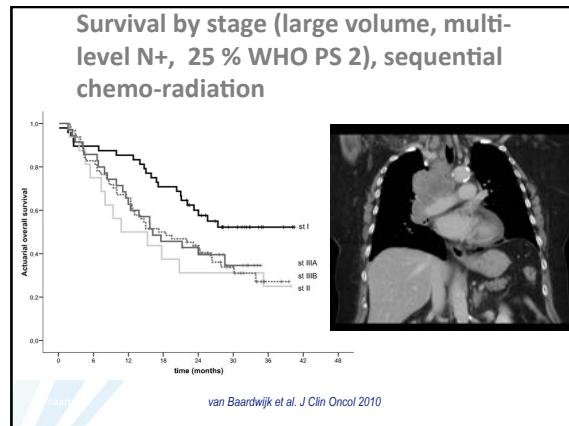
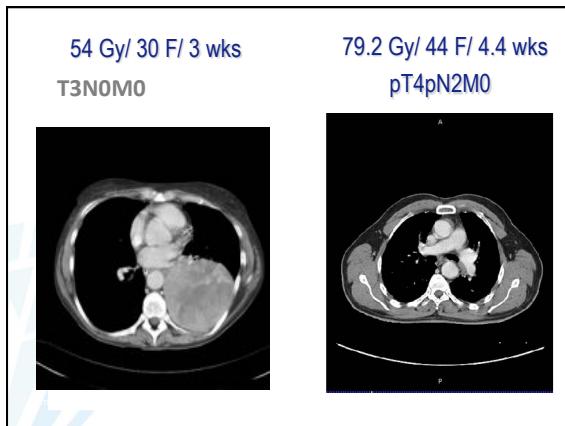


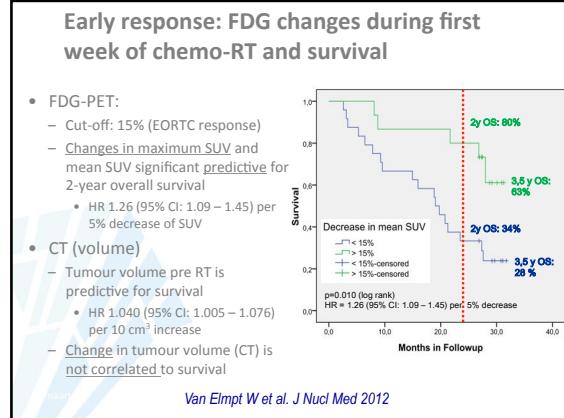
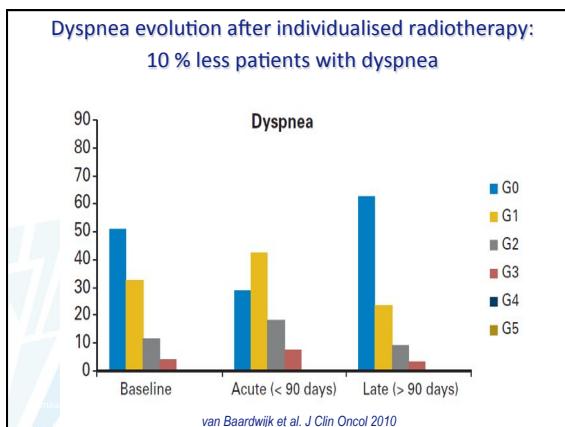
INDividualised Accelerated Radiotherapy (INDAR)

- Escalate the dose to the maximum tolerance
- Delivered in a short overall treatment time
- Directed to areas that are ¹⁸F-deoxyglucose (FDG) positive



Van der Wel et al. *Int J Radiat Oncol Biol Phys* 2005
Van Baardwijk et al.
De Ruysscher et al. *Radiother Oncol* 2005 *Int J Radiat Oncol Biol Phys* 2008
Van Baardwijk et al.
De Ruysscher et al. *Int J Radiat Oncol Biol Phys* 2005 *Int J Radiat Oncol Biol Phys* 2008
De Ruysscher et al. *Int J Radiat Oncol Biol Phys* 2008



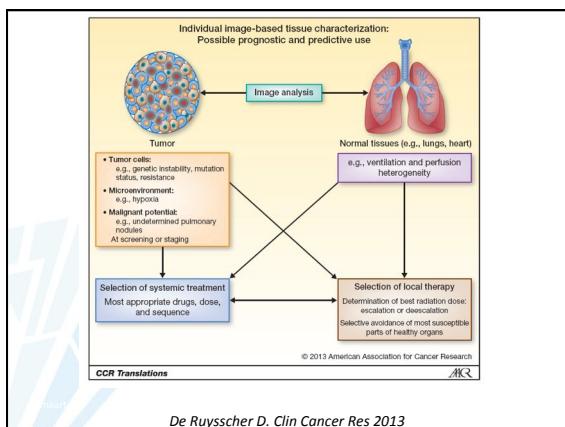
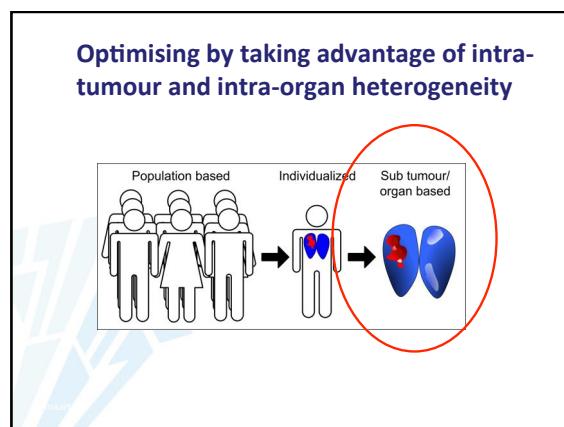


ORIGINAL ARTICLE

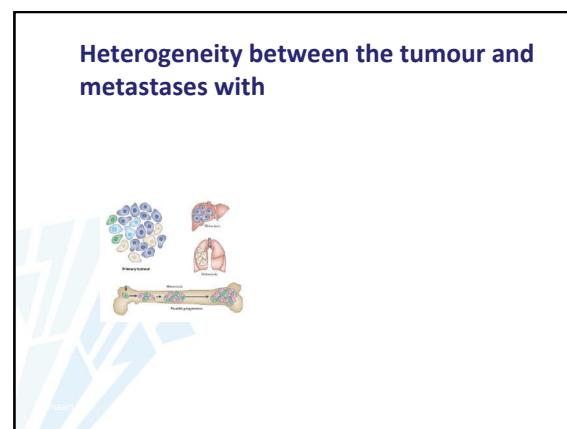
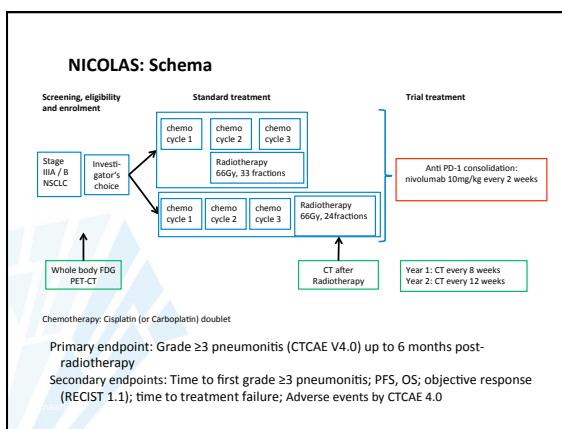
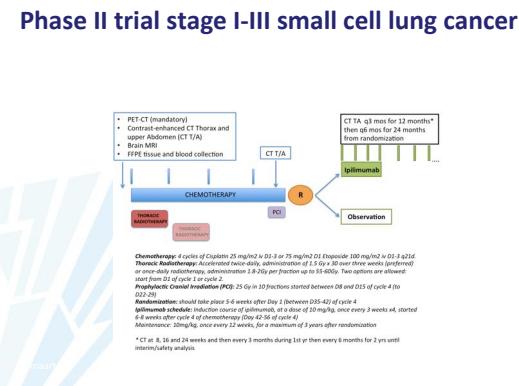
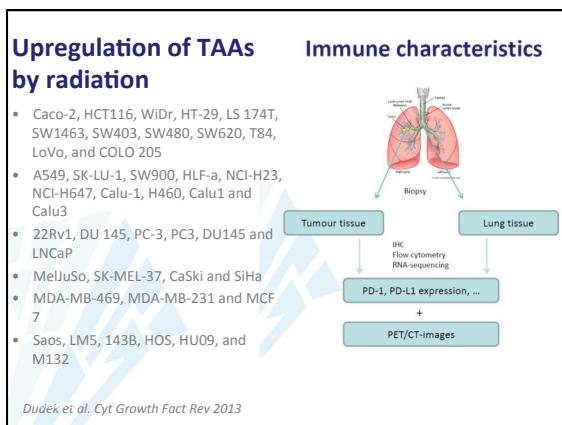
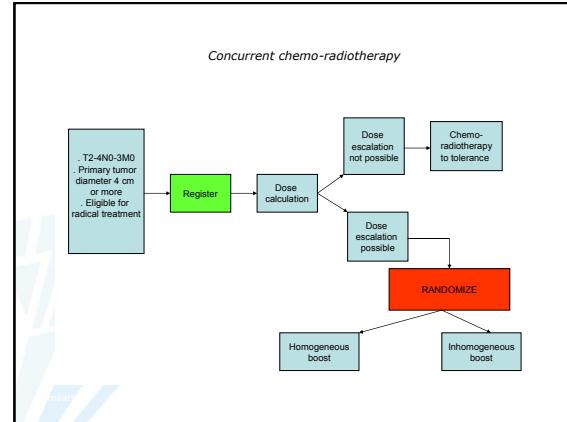
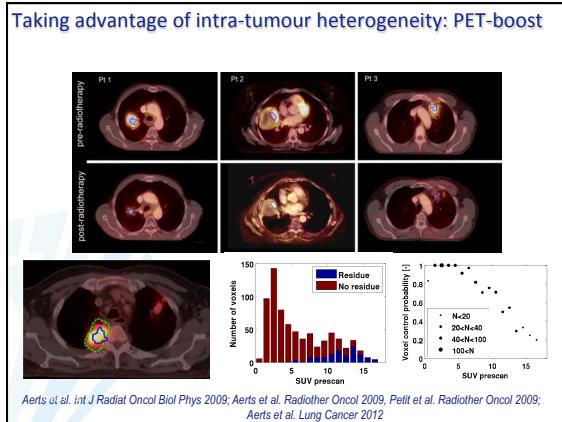
A Phase I Study of Concurrent Individualized, Isotoxic Accelerated Radiotherapy and Cisplatin–Vinorelbine–Cetuximab in Patients With Stage III Non-Small-Cell Lung Cancer

Anne-Marie C. Dingemans, MD, PhD*, Gerben Bootsma, MD, PhD†, Angela van Baardwijk, MD, PhD‡, Bart Reymen, MD‡, Rinus Wanders, MD‡, Boudeewijn Brants, MD, PhD§, Marco Das, MD, PhD|| Monique Hoostenbag, MD, PhD*, Arne van Belle, MD*, Rinal Houben, MSc., § Philippe Lambin, MD, PhD‡ and Dirk de Ruysscher, MD, PhD¶

J Thorac Oncol 2014



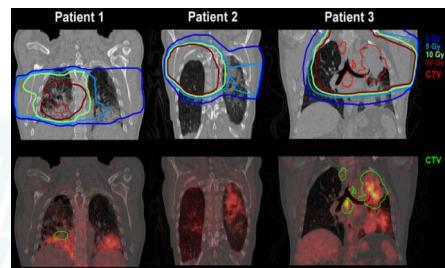
Heterogeneity in the tumour



Heterogeneity in the lungs

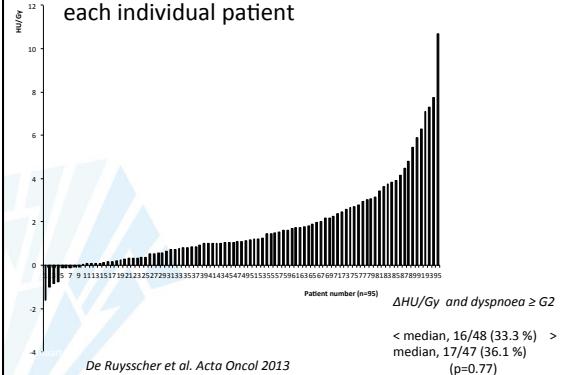


FDG uptake in the lung before treatment correlates with subsequent radiopneumonitis



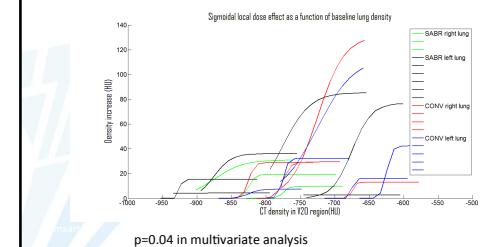
Petit et al. Int J Radiat Oncol Biol Phys 2010

Changes in Hounsfield Units (HU) per Gy for each individual patient



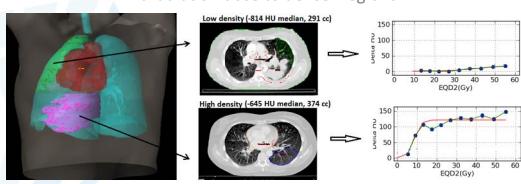
Step 1: Baseline HU of lung

- Saturation level of sigmoidal dose effect is a function of the background HU



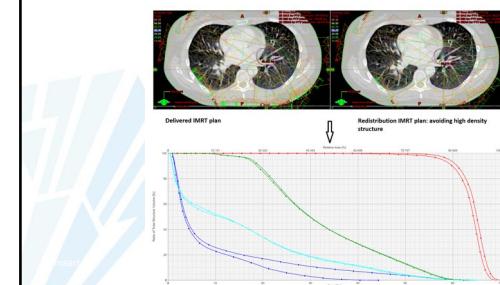
Step 2: Heterogeneity within the lungs

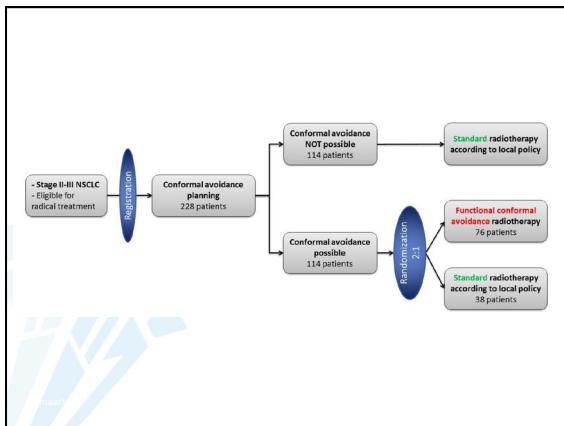
- Concept
 - Denser region more sensitive
 - Limit radiation dose to denser regions



Step 2: Heterogeneity within the lungs

- Redistribution of radiation dose





Heterogeneity in the brain

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Improvement of memory function after Prophylactic Cranial Irradiation (PCI) by avoidance of the hippocampus: A randomized phase III study in small cell lung cancer patients

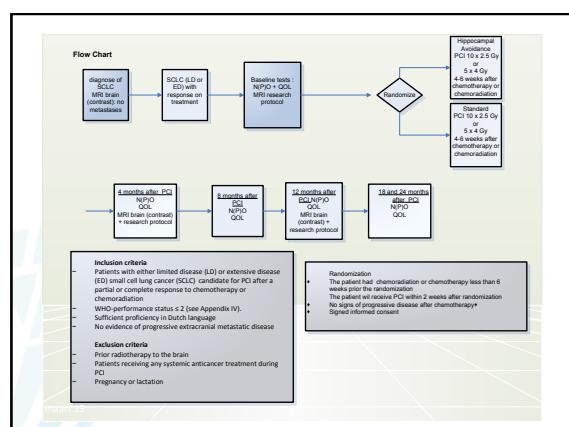
Dirk De Ruysscher, MD, PhD, on behalf of the HA-PCI working group

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The poster describes a randomized phase III study comparing hippocampal avoidance PCI (5 Gy or 5 x 4 Gy 4-6 weeks after chemotherapy or chemoradiation) with standard PCI (10 Gy or 5 x 4 Gy 4-6 weeks after chemotherapy or chemoradiation) in small cell lung cancer patients. The primary endpoint is improvement in memory function at 4 months post-treatment.

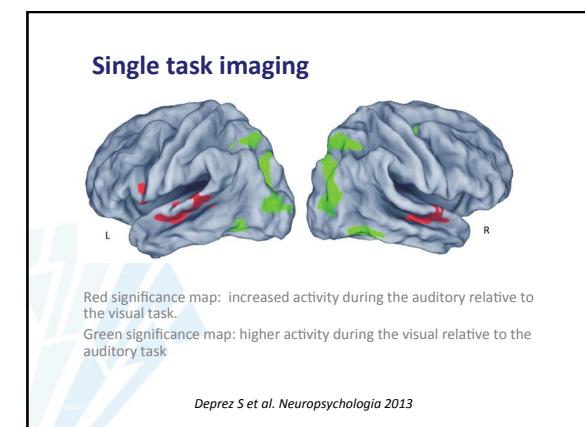


Primary Endpoint

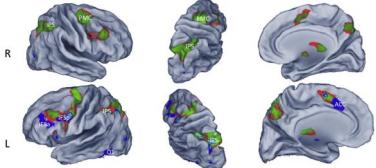
- The total recall score of the Hopkins Verbal Learning Test-Revised (HVLT-R), assessed at 4 months after PCI. A decline in the total recall score of 5 points or greater compared with baseline will be considered a failure.

Secondary Endpoints

- Neurocognitive functioning and QoL, motor function
- Assessment of structural and functional brain abnormalities
- Incidence and location of brain metastases
- Overall survival
- Progression free survival
- Bio-markers (neuro-inflammation)



Dual and multi-task imaging: Significance maps

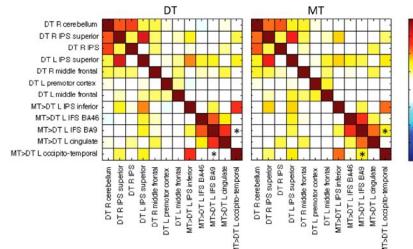


Green: Higher activity during dual task compared to both single tasks
 Red: Higher activation during multitask compared to both single tasks
 Blue: Higher activation during multitask compared to dual-task

IPS: intra-parietal sulcus; PMC: premotor cortex; ACC: anterior cingulate cortex; OT: occipito-temporal; IFSa: activation in more anterior part of inferior frontal sulcus; IFSp: activation in more posterior part of inferior frontal

Deprez S et al. *Neuropsychologia* 2013

Functional connectivity maps



Deprez S et al. *Neuropsychologia* 2013

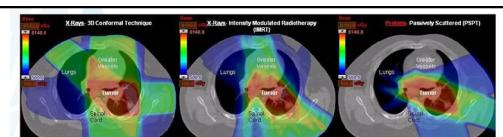
Applicable in proton therapy?



Applicable in proton therapy?



Applicable in proton therapy?



De Ruysscher D, Chang J. *Sem Radiat Oncol* 2013

	Photons 3DCRT	Photons IMRT	Protons PSPT
PD = 70 Gy			
Lung	18.9 (7.3) ^a	16.4 (5.5) ^a	13.5 (6.2)
Esophagus	28.3 (13.9) ^a	26.0 (12.1)	24.4 (13.7)
Heart	15.3 (11.6) ^a	14.3 (10.3) ^a	7.6 (7.2)
Patient ID	11.0 (5.4) ^a	9.9 (4.4) ^a	6.9 (3.9)

MASSACHUSETTS GENERAL HOSPITAL HARVARD MEDICAL SCHOOL

Dr. Dick De Ruysscher
IBA visiting professor

Combining with genetics of the patient and of the tumour

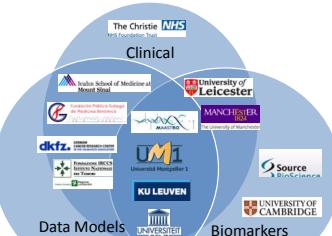


Correlation with genetics?



Review
STROGAR – STrengthening the Reporting Of Genetic Association studies in Radiogenomics

Sarah L. Kerns^{a,b,c}, Dirk de Ruysscher^d, Christian N. Andreassen^e, David Azria^f, Gillian C. Barnett^g, Jenny Chang-Claude^h, Susan Davidsonⁱ, Joseph O. Desai^j, Alison M. Dunning^k, Harry Ostro^{h,k}, Barry S. Rosenstein^a, Catharine M.L. West^l, Søren M. Bentzen^{m,n}



Correlation of delta HU/ Gy (less multi-factorial than dyspnoea) and genetics

rs2252070 ($p=0.006$, *MMP13*)
rs2230588 ($p=0.009$, *JAK1*)
rs12901071 ($p=0.009$, *SMAD3*)

MMP13 gene = matrix metalloproteinase 13, encoding for collagenase 6; implied in COPD (tissue destruction).

JAK1 gene = essential for signal transduction of many cytokines and cell adhesion; implied in COPD (increased inflammation).

SMAD3 gene = member of the TGF- β superfamily; multifunctional; implied in COPD (inflammation regulation).

De Ruyck, De Ruysscher et al. 2013, work in progress

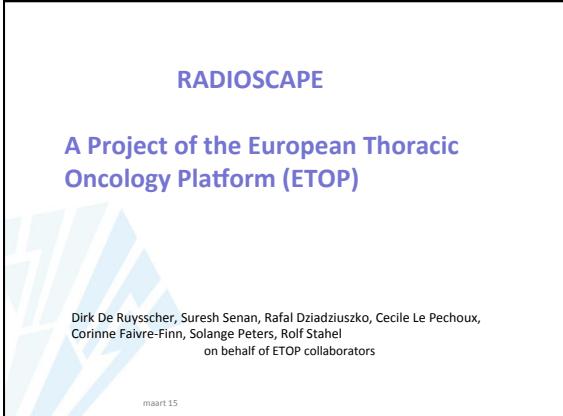
RADIOSCAPE

A Project of the European Thoracic Oncology Platform (ETOP)

Dirk De Ruysscher, Suresh Senan, Rafal Dziadziszko, Cecile Le Pechoux, Corinne Faivre-Finn, Solange Peters, Rolf Stahel
on behalf of ETOP collaborators

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Applicable in proton therapy?



Great future ...

