

Grow your network with purpose

Why are introverts better at building lasting networks? Why is faking it a bad strategy? What do extraverts have to learn to grow better relationships? In this workshop, you will learn networking strategies that you can personalize to enable you to use your strengths and connect with people you actually like. You will learn how you can leverage LinkedIn to maintain and expand your network with purpose. How to start conversations that build real connections. During the workshop, we will put all the elements together into a plan that you can use to become a better networker, both as an introvert or an extravert.

Learning objectives:

1. How to grow your Network with purpose?
2. How to leverage LinkedIn to grow your Network?
3. How to make the first contact in a comfortable and enjoyable way?

Target group

Postdoctoral researchers of the University of Antwerp

Time schedule & venue

Time schedule: Thursday 19 October 2023 (09h-17h)

Venue: Stadscampus, room to be confirmed

Coach

[Robin Lefebvre](#), coach and business manager of the training company Grow to excel. His credo is "Excellent leaders are grown not born".

Registration procedure

You can register online by clicking [this link](#), with approval of your supervisor (max. 15 participants).

We look forward to your participation!

Talent Center

postdocs@uantwerpen.be