Modelling and policy: a retrospective look at the SARS-CoV-2 pandemic in Belgium

ASCID evening symposium on **COVID-19 PANDEMIC: 2 YEARS LATER** 14 June 2022

Prof. Dr. Niel Hens on behalf of the SIMID group



NOWLEDGE IN ACTION



Universiteit Antwerpen







Simulation Models of Infectious Diseases

Overview



A brief recap of last year's ASCID presentation

An eco-system of models

A first qualitative evaluation of the reference model

Further evaluation of the pandemic response

A recap ...

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Daniel Bernoulli (1700 – 1782) mathematical model of smallpox (1760-1766)

Mathematical models

understanding of transmission dynamics forecasting – 'prognosis' – what-if scenarios





A recap ...



Factors that make an infectious disease outbreak controllable

Christophe Fraser*[†], Steven Riley*, Roy M. Anderson, and Neil M. Ferguson

Department of Infectious Disease Epidemiology, Imperial College, St. Mary's, London W2 1PG, United Kingdom

6146-6151 | PNAS | April 20, 2004 | vol. 101 | no. 16

www.pnas.org/cgi/doi/10.1073/pnas.0307506101



Fig. 2. Parameter estimates. Plausible ranges for the key parameters R_0 and θ (see main text for sources) for four viral infections of public concern are shown as shaded regions. The size of the shaded area reflects the uncertainties in the parameter estimates. The areas are color-coded to match the assumed variance values for $\beta(\tau)$ and $S(\tau)$ of Fig. 1 appropriate for each disease, for reasons that are apparent in Fig. 3.

RAPID COMMUNICATION

Incubation period of 2019 novel coronavirus (2019nCoV) infections among travellers from Wuhan, China, 20–28 January 2020

Jantien A Backer¹, Don Klinkenberg¹, Jacco Wallinga^{1,2}

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Citation style for this article:

Backer Jantien A, Klinkenberg Don, Wallinga Jacco. Incubation period of 2019 novel coronavirus (2019-nCoV) infections among travellers from Wuhan, China, 20–28 January 2020. Euro Surveill. 2020;25(5):pii=2000062. https://doi.org/10.2807/1560-7917.ES.2020.25.5.2000062

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RESEARCH

Estimating the generation interval for coronavirus disease (COVID-19) based on symptom onset data, March 2020

Tapiwa Ganyani¹, Cécile Kremer¹, Dongxuan Chen^{2,3}, Andrea Torneri^{1,4}, Christel Faes¹, Jacco Wallinga^{2,3}, Niel Hens^{1,4}

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Article submitted on o6 Mar 2020 / accepted on 07 Apr 2020 / published on 30 Apr 2020

A recap ...

Implementing Non-Pharmaceutical Interventions was needed:

- relatively high IFR
- pre & a-symptomatic transmission
- basic reproduction number (Wuhan):
 - R₀=3-3.4
- Feb-March 2020: large seeding due to international travel (spring break)
- lockdown March 2020: advice against closing schools





An ecosystem of models

Statistical models

- see e.g. Faes et al. (2021)

Mathematical models

- Meta-population model (Coletti et al. 2021)
- Individual-based model (Willem et al. 2021)
- Stochastic model (Abrams et al. 2021)
 - = Belgian reference model
- Next generation approach (Franco et al. 2021)
- Contact process models:
 - schools (Torneri et al. 2021)





Key player: 'age'



Age-specific features

- burden
- transmission

Burden - mortality:

- IFR Molenberghs et al., 2022
- excess mortality

Transmission – mixing patterns:

- POLYMOD & sequel (2006, 2011)
- CoMIX



Mixing patterns

REVIEW ARTICLE

OPEN

A Systematic Review of Social Contact Surveys to Inform Transmission Models of Close-contact Infections

Thang Hoang^a, Pietro Coletti^a, Alessia Melegaro^b, Jacco Wallinga^{c,d}, Carlos G. Grijalva^e, John W. Edmunds^f, Philippe Beutels^g, and Niel Hens^{a,g}

Background: Researchers increasingly use social contact data to inform models for infectious disease spread with the aim of guiding effective policies about disease prevention and control. In this article, we undertake a systematic review of the study design, statistical analyses, and outcomes of the many social contact surveys that have been published. Methods: We systematically searched PubMed and Web of Science for articles regarding social contact surveys. We followed the Preferred Reporting Items for Systematic Reviews and Meta-Analyses guidelines as closely as possible.

Results: In total, we identified 64 social contact surveys, with more than 80% of the surveys conducted in high-income countries. Study settings included general population (58%), schools or universities (37%), and health care/conference/research institutes (5%). The largest number of studies did not focus on a specific age group (38%), whereas others focused on adults (32%) or children (19%). Retrospective (45%) and prospective (41%) designs were used most often with 6% using both for comparison purposes. The definition of a contact varied among surveys, e.g., a nonphysical contact may require conversation, close proximity, or both. We identified age, time schedule (e.g., weekday/weekend), and household size as relevant determinants of contact patterns across a large number of studies. Conclusions: We found that the overall features of the contact patterns were remarkably robust across several countries, and irrespective of the study details. By considering the most common approach in each aspect of design (e.g., sampling schemes, data collection, definition of contact), we could identify recommendations for future contact data surveys that may be used to facilitate comparison between studies.

Keywords: Behavioral change; Contact data; Contact pattern; Contact surveys: Infectious diseases

(Epidemiology 2019;30: 723-736)

(Hoang et al., Epi, 2019)



		Average number of contacts per day										
Country		70+	0.36	0.39	0.69	0.89	1.36	1.06	1.33	1.88	- 10	
Belgium 2010* (Van Hoang 2020)	•	Te (60,70)	0.58	0.37	0.65	1.33	1.49	1.44	1.97	1.04		
		\$ 150.60)	1.05	0.92	2.95	3.2	3.38	3.82	1.89	1.09	, C	
Age breaks (comma delimited)		H0.50)	1.35	2.8	3.52	4.96	5.59	3.7	2.15	1.53	- 6	
0,10,20,30,40,50,60,70		5 (30,40)	2.38	2.3	3.57	5.49	4.4	3.17	1.74	0.91		
		0 120.30	1.04	2.44	6.12	3.37	3.01	2.77	0.81	0.67	- 4	
Type of day		\$ [10.20]	1.22	10.3	2.25	2	2.21	0.79	0.42	0.34	- 2	
All contacts	-	[0,10)	7.64	1.19	0.93	2.02	1.04	0.88	0.65	0.31		
Contrast duration			[0,10)	[10,20)	(00.05]	(30.40)	(40,50)	[50,60)	(\$0,70)	70+	1	
Contact duration												
All contacts	-		Age of participant (year)									

(Willem et al., 2020)

$CoMix \rightarrow$

← POLYMOD

EpiPose Consortium

FP6 Framework

ERC TransMID

ECDC •







Established by the European Commission



(Verelst et al, 2021)



No. of contacts -> 15 -> 25 -> 50 -> 75

(Loedy et al, 2021)

Reference Model



Stochastic compartimentel model (Abrams et al., 2021)

- → integration of different data sources
- Calibration to
 - hospital admissions
 - hospital load
 - early serology
- Further calibration to growth rates
 - cases
 - genomic suveillance
- Forecasts based on CoMix data



Figure 4: Schematic overview of compartmental model including vaccination with vaccine-induced protection after 1 and 2 doses and waning immunity. The gray boxes indicate the duplication we include for the VoC (see Figure 3).



Scenario's, no predictions

Spring 2020: lockdown:

- succesful exit strategy until July 2020
- prognosis: second wave

Autumn and Winter 2020-2021:

- a (too) large second wave with high tail
- a succesful management of the festive season



Spring 2021

- the alpha wave – higher burden - press conference

Summer 2021

- projections with large uncertainty
- increasing vaccination coverage
- penetration of the delta variant



Autumn 2021

- fourth wave with regional differences ~ vaccination
- initial slower growth because of prudent behaviour
- acceleration because of perfect storm: release of measures & delta

Winter and Spring 2021-2022

- omicron: bad and good news





Time (2022–2023)



The Next Generation Approach



Susceptibility estimated by comparison between CoMix social contact data (using next generation approach) and positive PCR tests. Susceptibility means here a factor influencing transmission not limited to clinical susceptibility but including effects like risk behavior and vaccination. Results are relative numbers normalised with [0,6) class constant. Limitation: PCR tests are subject to biases.

The Next Generation Approach



Survey wave



Torneri et al. BMC Medicine (2020) 18:191 https://doi.org/10.1186/s12916-020-01636-4

BMC Medicine

Epidemic dynamics

S = susceptible E = exposed I_a = asymptomatic I_p = presymptomatic I_m = mild symptoms I_s = severe symptoms Q = quarantine I = isolation R = removed

RESEARCH ARTICLE

Open Access

Check for updates

A prospect on the use of antiviral drugs to control local outbreaks of COVID-19

Andrea Torneri^{1†}, Pieter Libin^{2,3,4†}, Joris Vanderlocht², Anne-Mieke Vandamme^{4,5}, Johan Neyts⁴ and Niel Hens^{1,2*}

Infectives are assumed to spread the infection according to a nonhomogeneous Poisson Process of rate:



Key assumption: Infectiousness described by viral load



We compare three control measures based on contact tracing:

- **Monitoring ("IAS"):** traced individuals are monitored and quarantined/isolated when showing symptoms
- **Testing ("IBS")**: traced individuals are tested and quarantined/isolated if testing positive.
- **Testing + Antivirals ("IBTBS")**: traced individuals are tested. If positive they are quarantined/isolated and an antiviral drug is administered to them.



A control measure based on testing (green and blue) reduce final size (left panel) and peak incidence (right panel) compare to a monitoring strategy. In addition, the use of antiviral (blue) as prophylaxis compound is computed to have a big impact in controlling local outbreaks.



Limitations:

- The model is based on a homogenous population
- We inform the antiviral effect using a study for Remdesivir in a murine model
- Not accounting for difficulties in administering Remdesivir
- Longitudinal data on the effect of antiviral on the viral load will be informative, especially when the drug is administered in the early phase of infection

School simulator

THE PREPRINT SERVER FOR HEALTH SCIENCES



O Comment on this paper

Controlling SARS-CoV-2 in schools using repetitive testing strategies

Andrea Torneri, Lander Willem, Vittoria Colizza, Cécile Kremer, Christelle Meuris, Gilles Darcis, Niel Hens, Pieter Libin doi: https://doi.org/10.1101/2021.11.15.21266187





Figure 1: We show the base scenario for the Wuhan strain (left panel) and Delta VoC (right panel) for a moderate seeding of 5 seeds per week. In each panel we consider three testing strategies: symptomatic testing (SI), symptomatic testing in combination with reactive screening (ReaS) and repetitive screening (RepS). For each of the testing strategies we show a boxplot of the attack rate (green boxplot) and NSDL (orange boxplot) together with their mean values (respectively, yellow and blue dots).

Figure 2: We show the repetitive testing strategy in the context of the Delta VoC for a moderate seeding of 5 seeds per week, where we consider different class closure thresholds, and no school closure threshold. This experiment shows that a higher class closure threshold has little effect on the attack rate, yet it significantly reduces the NSDL.

Data science cycle



Data Science Cycle (Bron: Data Science Institute, UHasselt)



Data collection & analysis



- Difficulties
 - interdepencies
 - incomplete data
- Observational studies
 - biases
 - association not causation
 - ...
- Scientific principles
 - conjecture versus refutation
 - Bradford Hill criteria confidence
 - \rightarrow Robert Koch & microbiology



Lessons learned

-tột-

Methodology

- learning from the past
- heterogeneity is key
- validation is key
- optimizing NPIs
- ...

Multi- & interdisciplinary research is key Peacetime research

Better data

- realtime data
- well-designed surveys
- serosurveillance
- genomic surveillance
- ...

Open Science

- (inter)national collaborations should be forched in peacetime
 examples
- demography and newly emerging pathogens ~ nursing home populations
- behavioural epidemiology ~ chronic conditions and acute infections

Lessons learned



Chattanaoga Times Free Bress RAMP

Outdated information

Faulty & misinformation: (non-)intential?





Societal choices

NO MASK MANDATES HELP!

OClay Bennett. All rights reserved.

Lessons learned



Faulty & misinformation: (non-)intential?

Elements:

...

- uncertainty
- lack of scientific foundation
- lack of nuance
- mix of (in)correct arguments
- science advances
- speed trumps perfection

PROCEEDINGS B

rspb.royalsocietypublishing.org



Gte this article: King AA, Domenech de Cellès M, Magpantay FMG, Rohani P. 2015 Avoidable errors in the modelling of outbreaks of emerging pathogens, with special reference to Ebola. *Proc. R. Soc. B* **282**: 20150347. http://dx.doi.org/10.1098/rspb.2015.0347

Avoidable errors in the modelling of outbreaks of emerging pathogens, with special reference to Ebola

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As an emergent infectious disease outbreak unfolds, public health response is reliant on information on key epidemiological quantities, such as transmission potential and serial interval. Increasingly, transmission models fit

Review



The Use and Misuse of Mathematical Modeling for Infectious Disease Policymaking: Lessons for the COVID-19 Pandemic

Lyndon P. James, Joshua A. Salomon, Caroline O. Buckee, and Nicolas A. Menzies

Mathematical modeling has played a prominent and necessary role in the current coronavirus disease 2019 (COVID-19) pandemic, with an increasing number of models being developed to track and project the spread of the disease, as well as major decisions being made based on the results of these studies. A proliferation of models, often diverging widely in their projections, has been accompanied by criticism of the validity of modeled analyses and uncertainty as to when and to what extent results can be trusted. Drawing on examples from COVID-19 and other infectious diseases of global importance, we review key limitations of mathematical modeling as a tool for interpreting empirical data and informing individual and public decision making. We present several approaches that have been used to strengthen the validity of inferences drawn from these analyses, approaches that will enable better decision making in the current COVID-19 crisis and beyond.

Keywords COVID-19, infectious diseases, mathematical modeling, uncertainty, validation

Paradigma shift?





Further perspectives

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Research themes

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- further evaluation and perspectives of the management of SARS-CoV-2
- further development of an eco-system of models
- AI & pandemic preparedness (e.g. Reymond et al. 2022)

Education and science communication Need for consortia/baseline capacity Pathogen 'X' (see e.g. MPX)

Further debate

Perspectives for debate:

- Clinical versus epidemiological perspectives
- Individual versus population perspective
- Activism versus science
- 'Freedom'
- ...

Knowing history would be a good starting point ...

Bradford Hill (1965)



Bradford Hill (1965):

All scientific work is incomplete – whether it be observation or experimental. All scientific work is liable to be upset or modified by advancing knowledge. That does not confer upon us a freedom to ignore the knowledge we already have, or to postpone the action that it appears to demand at a given time.



References



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www.simid.be

socrates:

www.socialcontactdata.org

blog:

<u>covid-en-</u>

wetenschap.github.io

Citizen science projects:

Large Corona Study

Infectieradar



COLLABORATORS & FUNDERS



















