

# Microplate liquid-liquid extraction: a rapid technique for routine analysis of phosphatidylethanol 16:0/18:1 in whole blood

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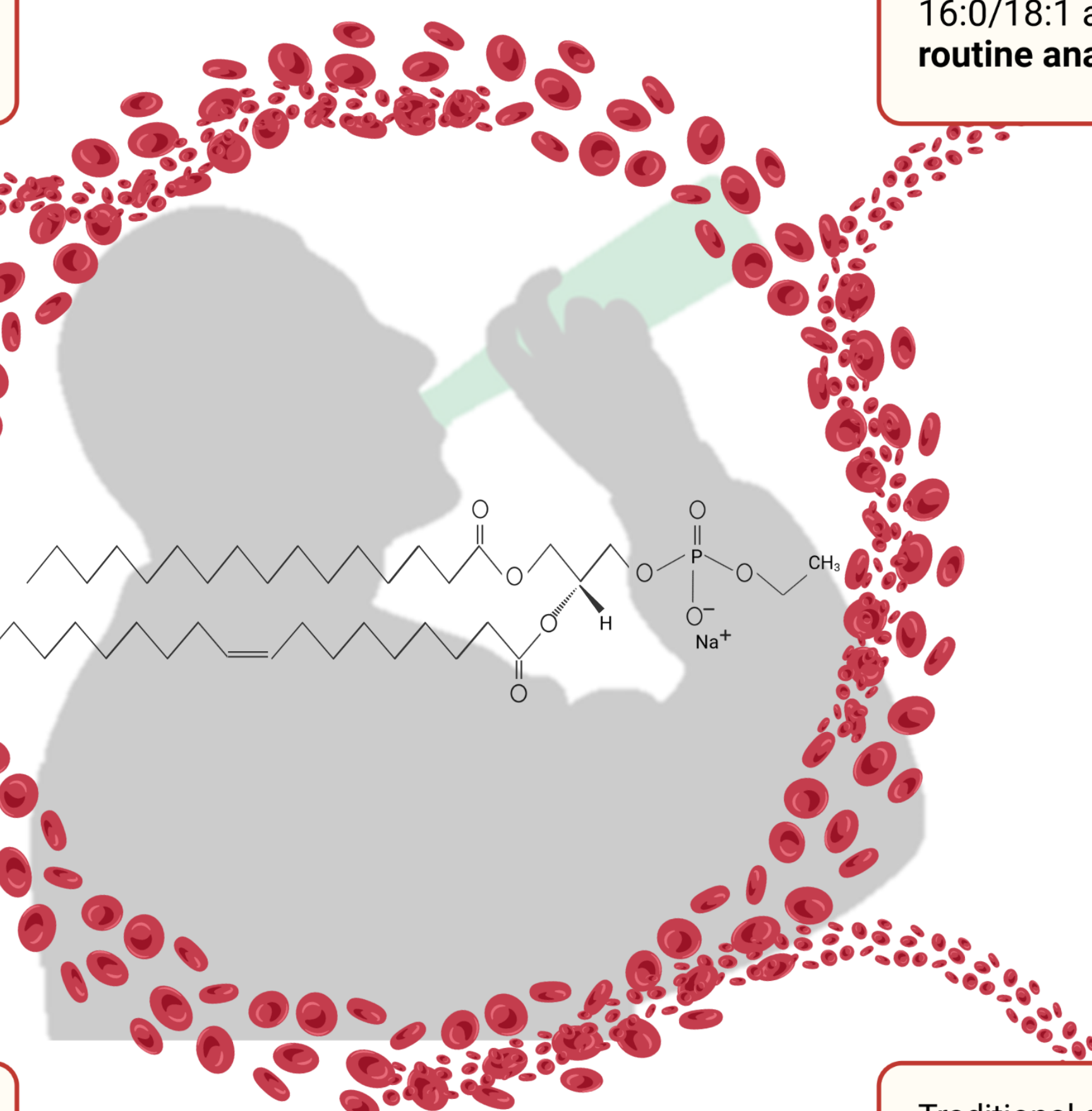
## Introduction

**Phosphatidylethanol (PEth) 16:0/18:1** in whole blood is a **direct** alcohol consumption biomarker which is formed only in the presence of alcohol and can be found in the red blood cells

Clinical and forensic laboratories started to incorporate PEth 16:0/18:1 analyses into their routine analysis

A method that uses **less sample volume** and **solvents**, and is **less time-consuming** is of interest

Traditional sample preparation methods for PEth 16:0/18:1 analysis are often **time-consuming** and require the use of **large solvents** and **sample volumes**



## Results

### Validation

- according to ICH guideline M10 on bioanalytical method validation and study sample analysis<sup>2</sup>

#### Calibration curve\*

LLOQ: 5 ng/mL  
ULOQ: 2000 ng/mL  
weighting factor<sup>3</sup>: 1/x<sup>2</sup>

\*matrix based

#### Carry-over

PEth 16:0/18:1: **17 %** (max. 20 % of LLOQ)  
PEth-D<sub>5</sub>: **0.3 %** (max. 5 % of LLOQ)

### Matrix effect, recovery and process efficiency

Four\* different sources of **blank whole blood** spiked at two levels

- QC low (QCL): 15 ng/mL
- QC high (QCH): 1500 ng/mL

Sample	Matrix effect (cv %; ±15 %)	Recovery (mean ± stdev, %)	Process efficiency (mean ± stdev, %)
QCL	5.7	98.2 ± 9.4	96.9 ± 10.6
QCH	8.9	107.7 ± 9.9	110.1 ± 6.6

\*The guideline requires 6 different sources but the use of fewer sources may be acceptable in the case of rare matrices.<sup>2</sup>

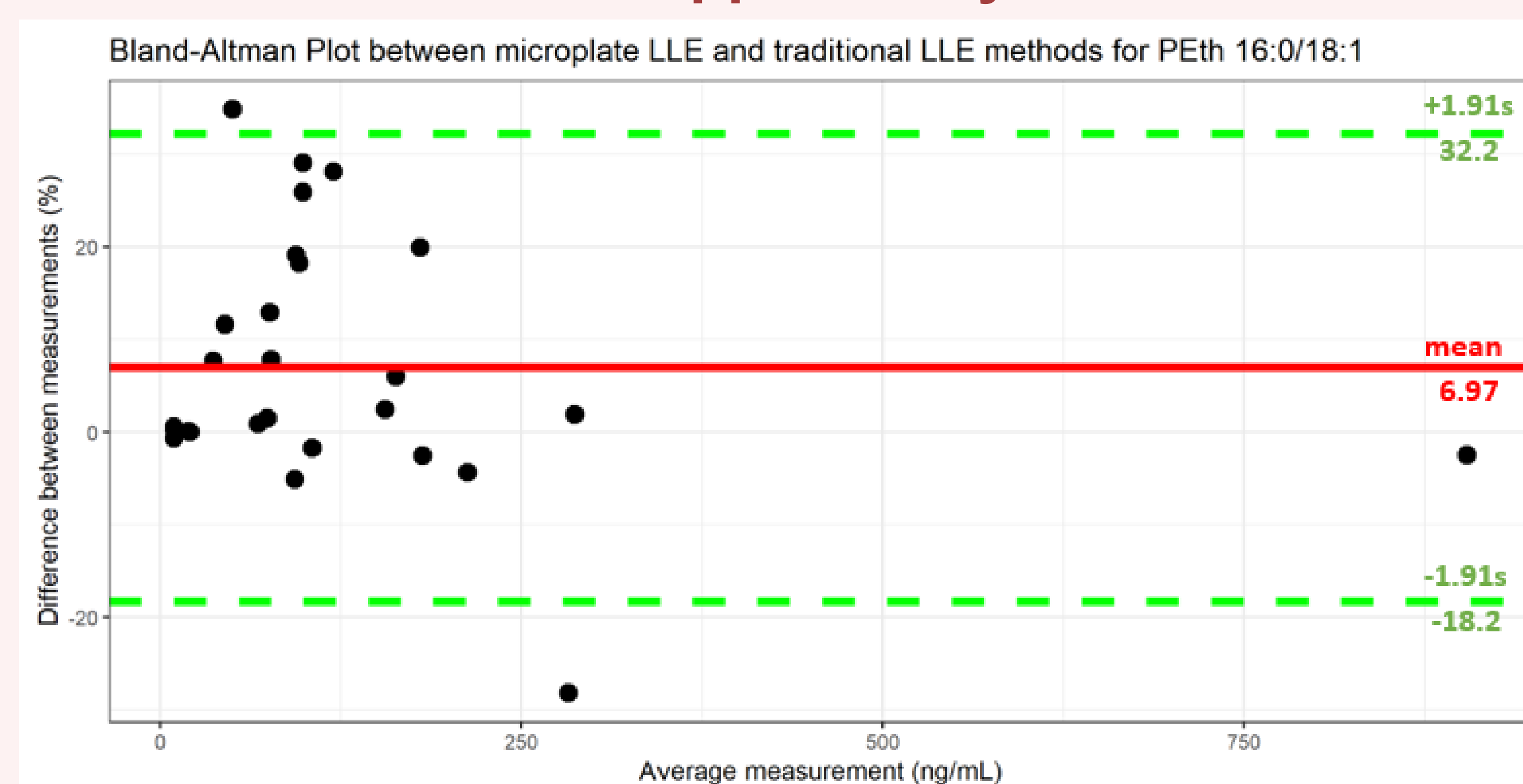
### Accuracy and precision\*

- LLOQ: 5 ng/mL
- QC low (QCL): 15 ng/mL
- QC medium (QCM): 150 ng/mL
- QC high (QCH): 1500 ng/mL

Sample	inter-day analysis		intra-day analysis	
	accuracy (%)	precision (cv %)	accuracy (%)	precision (cv %)
LLOQ	102.4	1.6	103.1	2.8
QCL	97.2	4.1	98.3	3.5
QCM	102.5	5.6	100.3	1.2
QCH	101.5	1.1	101.7	2.6

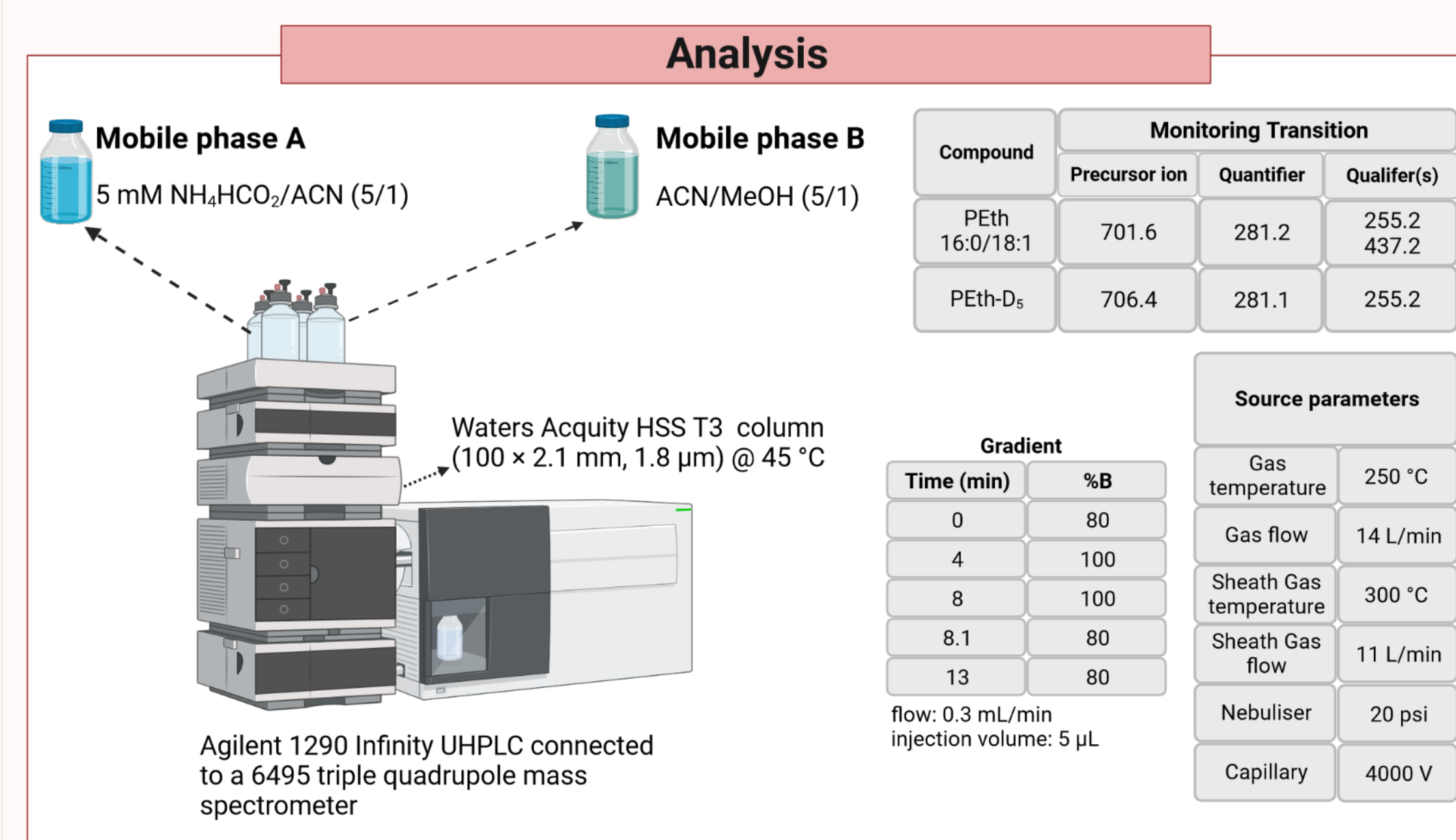
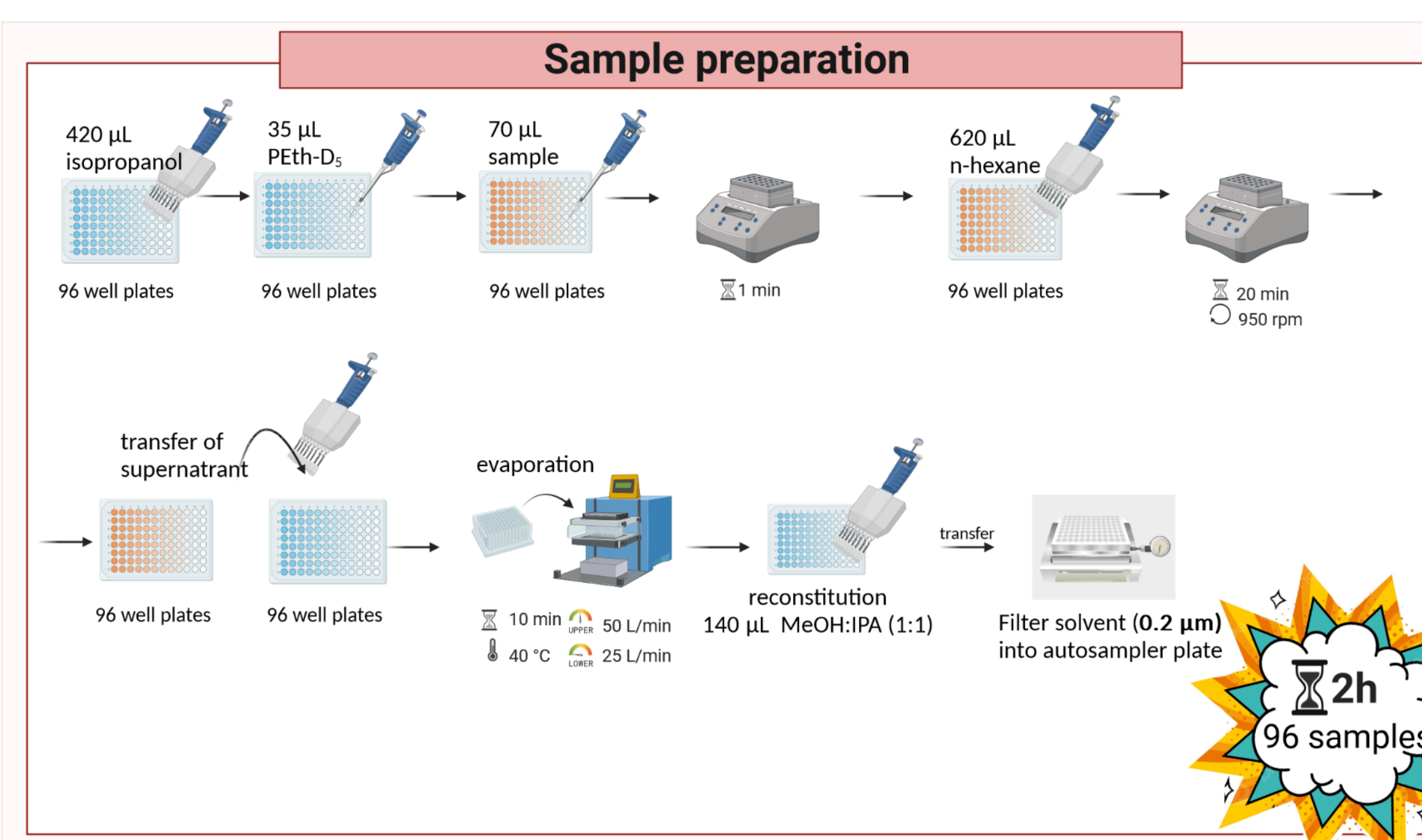
\*Accuracy: ±15% (QCL, QCM, QCH) and ±20% (LLOQ)  
Precision: <15% (QCL, QCM, QCH) and <20% (LLOQ)

### Applicability



The microplate liquid-liquid extraction (LLE) method was compared with the previously validated traditional LLE approach using authentic samples. Our findings demonstrate an agreement between the two methods, confirming that microplate LLE is a reliable and efficient alternative for routine analysis. These results highlight the potential of microplate LLE as a successful technique in routine laboratories.

## Methodology



The current methodology is based on previously published method.<sup>1</sup> The old method uses 30% more sample volume (100 µL), and 30% more solvents volumes (50 µL IS; 600 µL isopropanol; 900 µL hexane; 200 µL reconstitution solvent). Due to the 96 well plates, the multi-pipette, and the evaporation system, the sample preparation of 96 samples would take 50% less time. Therefore, this new method saves time, sample and solvent volumes when analysing a large amount of samples.

## Conclusions

- validated 96 well plate method
- 30% less solvent and sample volume compared to traditional liquid-liquid extraction
- 50% more time efficient compared to traditional liquid-liquid extraction
- 96 well plate method is an efficient technique for routine laboratories

## References

- C. Dumitrascu et al., "Stability of phosphatidylethanol 16:0/18:1 in authentic and spiked whole blood," *Drug Test. Anal.*, vol. 13, no. 6, pp. 1219–1222, Jun. 2021, doi: 10.1002/dta.2995.
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- H. Gu et al., "Selecting the correct weighting factors for linear and quadratic calibration curves with least-squares regression algorithm in bioanalytical LC-MS/MS assays and impacts of using incorrect weighting factors on curve stability, data quality, and assay performance", *Anal. Chem.*, 2014, 86, 8959–8966.



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