



Dear

We are inviting you to take part in the '**ScreenUrSelf trial**'. This allows us to find people with a higher risk of developing cervical cancer early. In the trial, you can take a sample yourself and have it examined. The trial is free of charge.

In Flanders, 350 women a year develop cervical cancer. This cancer is caused by a virus: human papillomavirus or HPV. Fortunately, we can detect this virus and the precursors of cancer early with a smear test. Thus, by a simple intervention, we can often avoid the virus causing cancer. You can have that smear taken by your GP or gynaecologist. Or you can now also **taking a sample yourself**. This is new. And just as good. This test shows whether you are infected with the virus.

Have you not yet taken part?

In May or June 2023, you received materials from us to order your own free takeaway kit. Have you still not yet had a smear test taken by a doctor yet? And have you not yet taken a sample yourself? No problem! You can still take part.

You are not required to take part. But we do recommend it.

Have you not ordered the kit to take a sample yet? Or do you no longer have it and would like to get a new one?

You can:

- Go to www.ScreenUrSelf.be (or scan the QR code) and fill in the form.
- Or email info@bevolkingsonderzoek.be with the subject line "ScreenUrSelf" or call free on **0800 60 160** (9-12am and 1-4pm).



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We'll send you soon: The equipment to take a sample, instructions and an extra envelope to return the sample by post free of charge.

What happens next?

A lab examines the sample. You and your GP get the result **within three weeks**.

- What if the lab finds traces of the virus? Make an appointment with your GP or your gynaecologist. They will then take a swab.
- What if the lab finds nothing? We will let you know that too. You don't have to do anything else.

Would you like to know more or do you have a question?

- Read the leaflet accompanying this letter.
- Go to www.ScreenUrSelf.be. You will also find a translation into French, English, Turkish, Arabic, Polish, Romanian and Russian of this letter.
- Call free on **0800 60 160** (9-12am and 1-4pm) or email info@bevolkingsonderzoek.be.

With best regards,

Prof. Dr. Pierre Van Damme

Principal investigator of the ScreenUrSelf trial, Antwerp University