



Dear

We are inviting you to take part in the '**ScreenUrSelf trial**'. This allows us to find people with a higher risk of developing cervical cancer early. In the trial, you can take a sample yourself and have it examined. The trial is free of charge.

In Flanders, 350 women a year develop cervical cancer. This cancer is caused by a virus: human papillomavirus or HPV. Fortunately, we can detect this virus and the precursors of cancer early with a smear test. Thus, by a simple intervention, we can often avoid the virus causing cancer. You can have that smear taken by your GP or gynaecologist. Or you can now also have a **sample taken by yourself**. This is new. And just as good. This test shows whether you are infected with the virus.

| Are you willing to take part?

If so, ask for a free kit to take a sample yourself. You are not required to take part. But we do recommend it.

| Would you like to request the free kit?

- You can:
- Go to www.ScreenUrSelf.be (or scan the QR code) and fill in the form.
 - Or email info@bevolkingsonderzoek.be with the subject line "ScreenUrSelf".
 - Or call free on **0800 60 160** (9-12am and 1-4pm).



We'll send you soon: The equipment to take a sample, instructions and an extra envelope to return the sample by post free of charge.

| What happens next?

A lab examines the sample. You and your GP get the result **within three weeks**.

- What if the lab finds traces of the virus? Make an appointment with your GP or your gynaecologist. They will then take a swab.
- What if the lab finds nothing? We will let you know that too. You don't have to do anything else.

| Would you like to know more or do you have a question?

- Read the leaflet accompanying this letter.
- Go to www.ScreenUrSelf.be. You will also find a translation into French, English, Turkish, Arabic, Polish, Romanian and Russian of this letter.
- Call free on **0800 60 160** (9-12am and 1-4pm) or email info@bevolkingsonderzoek.be.

With best regards,

Prof. Dr. Pierre Van Damme

Principal investigator of the ScreenUrSelf trial, Antwerp University