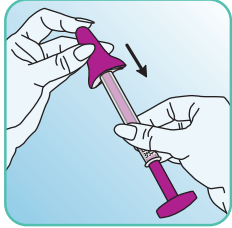


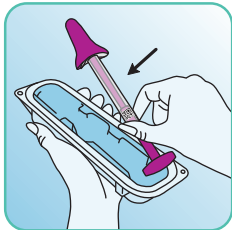
STEP 8

- Do not touch the white brush with your hands.
- Hold the transparent sleeve with one hand.
- With the other hand, pull the pink dial.
- The white brush now goes back into the sleeve.



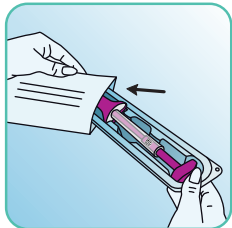
STEP 9

- Hold the transparent sleeve. This prevents the white brush from sliding out again.
- Replace the pink cap with your thumb and forefinger. You will hear or feel a click.



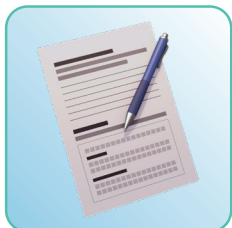
STEP 10

Put the kit back in its packaging.



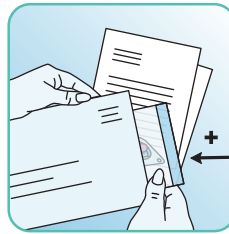
STEP 11

- Insert the package with the sample into the translucent secure pouch.
- Leave the white cloth in place.
- Close the pouch. Remove the strip and seal the pouch closed.



STEP 12

- Fill in the participation form:
 - with your details
 - with the date you took the sample
 - with the details of your GP



STEP 13

Put the transparent secure pouch with your sample and the completed participation form together in the extra envelope. The address of the lab is printed on the envelope. You do **not** need to stick on a stamp.



STEP 14

Post the envelope as soon as possible. Is it not possible for you to post your sample immediately? Then store it at room temperature for up to two days.

evalyn®brush

The Evalyn® Brush has been developed by Rovers Medical Devices BV.

Rovers Medical Devices B.V.
Lekstraat 10
5347 KV Oss, The Netherlands
+31 (0)412-648870
info@roversmedicaldevices.com

You can also read this info in French, English, Turkish, Arabic, Polish, Romanian and Russian at:

Je kan deze info ook lezen in het Nederlands op:
Vous pouvez également lire ces informations en français à l'adresse suivante:

Bilgileri Türkçe olarak şu adresten de okuyabilirsiniz:

يطلع على هذه المعلومات في اللغة العربية من خلال الرابط التالي:
Z tymi informacjami możesz zapoznać się w języku polskim na stronie:

Puteți citi informațiile și în limba română la adresa:

Эта информация также доступна на русском языке на сайте:

www.ScreenUrSelf.be

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ScreenUrSelf

HOW CAN I TAKE A SAMPLE MYSELF?



Follow these instructions. You can also watch a video at www.ScreenUrSelf.be/hoe-moet-ik-een-staal-nemen-vaginaal



First, read this:

- **Only you** may use this kit. The code of the kit is linked to your name. Check that your name on the letter is correct.
- Always keep the kit at **room temperature**. Before and after use.
- Use the kit only once.
- Have you taken a sample? If so, post it as soon as possible. **No later than two days after use**. Do **not** post your sample on a Friday or the day before a public holiday. If you do, it will be left in the post box for too long.
- Two days before taking a sample, stop using **vaginal products** (e.g. ointments, creams). What can you still use?
 - vaginal contraception
 - condoms
 - a water-based lubricant
- Do **not thoroughly** wash your vagina before taking the sample. If you do, you will not be able to collect enough secretions.

NB What if you do not fill in the participation form correctly? In that case you won't get any results.

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When should you not take a sample?

- Do not take a sample if the temperature is **hotter than 25 degrees**.
- Do not take a sample if the temperature is **freezing**.
- Do not take a sample during your **period** or within three days after it.
- Do not take a sample if you are **pregnant**
- Do not take a sample within six weeks of **giving birth**.
- Do not take a sample if the packaging is **damaged**.
- Do not take a sample if the **expiry date** has passed. That date is on the packaging.

Inside the envelope you will find:

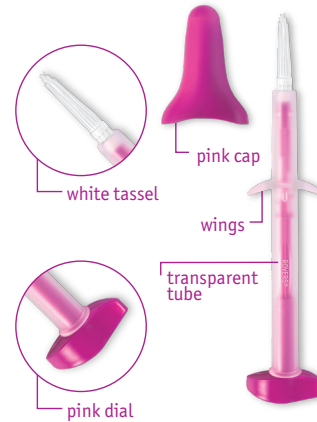
- a **letter**
- the **participation form**: you will find it on the back of the letter
- a **leaflet** with additional info
- a **secure pouch**: a translucent pouch containing:
 - a rectangular white cloth
- an extra **envelope** to return your sample free of charge
- a pouch with **the equipment to take a sample: the Evalyn Brush**
- a **user instruction sheet** on how to take the sample: you will find it below

WHAT IS THE EVALYN BRUSH?

Evalyn Brush is a small device that collects secretions from the vagina, uterus and cervix. Use the brush to collect this material. This material can tell us if you are infected with the virus that can cause cervical cancer (human papillomavirus or HPV).

What does the Evalyn Brush look like?

- In the packaging you will find a **brush** (Evalyn Brush).
- The brush consists of a transparent sleeve with wings.
 - On one side, a pink cap is snapped onto the sleeve.
 - On the other side there is a pink dial.
 - Under the pink cap there is a white tassel.



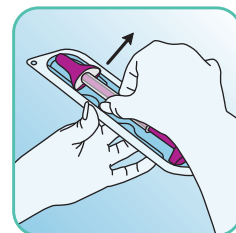
HOW DO YOU TAKE A SAMPLE? STEP BY STEP.

Tip! Read the instructions completely before you start.



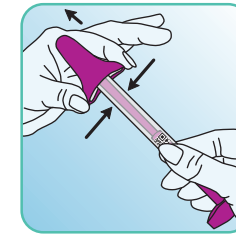
STEP 1

First, wash your hands with soap and water.



STEP 2

- Take the kit out of the packaging.
- Keep the packaging. You will need it to post your sample.



STEP 3

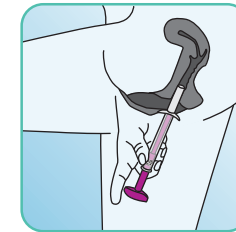
- Press the sides of the pink cap with your thumb and forefinger and remove it. Do **not** press the brush out.
- Keep the pink cap. It is needed to send your sample.

NB Do not touch the white brush with your hands. If you do so, the result of the test may change.



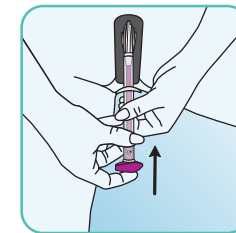
STEP 4

Stand in an easy position or sit down on the toilet. For example, like inserting a tampon.



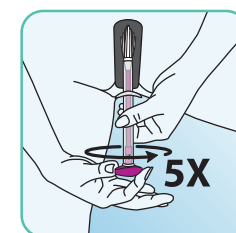
STEP 5

- With one hand, spread your labia.
- With the other hand, insert the upper part of the sleeve into the vagina until the wings press against the labia.



STEP 6

- With one hand, hold the clear sleeve at the bottom.
- Push the pink dial. Push until it comes up against the transparent sleeve, and can go no further. The brush then comes out of the sleeve. You will hear or feel a click when it's right.



STEP 7

- Rotate the pink dial five times in the same direction. After each turn, you will hear or feel a click. The brush rotates.
- Remove the sleeve from your vagina after five turns.