



HPV TEST RESULT

Dear

You sent us a sample for detecting the HPV virus. According to that trial, there are **types of the virus that can cause cancer (high-risk HPV types) in your sample**. If this is the case, this virus could cause cervical cancer after a fairly long period of time. No need to be worried yet. **But be sure to get additional examinations.**

What should you do now?

- Make an appointment with your GP or gynaecologist.
- Pick a day when you don't have your period.
- Your GP or gynaecologist will take a **smear¹** for further investigation.

What could be the results of the smear test?

- We find **no abnormal cells**. In six out of 10 women with traces of the virus in their samples, this is the case. No treatment is needed.
 - Your GP would advise that after **one year** you have another smear test taken.
 - What if we still find no abnormal cells? If so, you don't have to do anything else. We do recommend that you get preventive screening for cervical cancer in the future. Indeed, detection in good time remains important.
- It may be that there are **abnormal cells**, but you don't have cancer yet. Those cells could grow into a preliminary stage of cervical cancer. Your GP will recommend a simple treatment.
- It is possible that we will find a **pre-stage of cervical cancer**. That is no reason to panic yet. It could take years to become cancerous. But you should get treatment. The sooner we respond, the better.
- It could be that you already have **cancer**. What happens next? Treatment is likely to be needed. Your GP will continue to monitor you.

Perhaps this letter makes you anxious?

We understand that. Ask your questions.

- Call your GP or gynaecologist. Your GP has also been given the result of this trial.
- Call free on **0800 60 160** (9-12am and 1-4pm) or email info@bevolkingsonderzoek.be.
- Go to www.ScreenUrSelf.be. You will also find a translation into French, English, Turkish, Arabic, Polish, Romanian and Russian of this letter.

With best regards,

Prof. Dr. Pierre Van Damme

Principal investigator of the ScreenUrSelf trial, Antwerp University

¹ Has it been more than three years since you had a smear test? If so, you will get a full refund of the cost of the smear test. You will then only have to make the co-payment for the appointment with your GP. Did you receive an invoice from the lab anyway? Contact your health insurer.