

# Cervical cancer screening in older women and whether self-sampling could be an optimal screening modality for this older age group

Focused Topic Technical Meeting 2023, Antwerp, Belgium

Mette Tranberg, Post doc, PhD, MScH Faculty of Medicine and Health Sciences Vaccine & Infectious Disease Institute, Antwerp University

&

University Research Clinic for Cancer Screening, Dept. of Public Health Programmes Randers Regional Hospital, Central Denmark Region, Denmark Contact details: mettrani@rm.dk



### Disclosures

- Cobas 4800 HPV DNA test assays were provided by Roche Diagnostics, GmBH, Switzerland
- Have in other projects received: Cobas 4800 HPV DNA test assays from Roche Diagnostics, GmBH, Switzerland and Evalyn Brush devices from Axlab
- Has received honoraria from Roche Diagnostics and AstraZeneca for lectures

# Background



- Cervical cancer screening stops at the age of 60-65 in Europe and 65 in the USA
- High-risk human papillomavirus (HPV) test is replacing cytology as the primary cervical cancer screening test due to superior sensitivity
  - In most countries women  $\geq$ 65 years have never had a HPV test
  - Reduced sensitivity of cytology among postmenopausal women
- Should these women be offered a catch-up HPV test to prevent cancer at older ages?
- Women who have been insufficiently screened at age 50-64 could benefit from continued screening after the age of 65
  - Could vaginal self-sampling be the optimal screening modality to reach older insufficiently screened women?
- Colposcopy and biopsy are challenging in older women due to nonvisible transformation zone
  - Resulting in lengthly follow-up and risk of missing disease

Sherman S, BMJ (2015), Elit L, Maturitas (2014), Hammer A, Acta Obstet (2017/2019), Arbyn M, EU guidelines (2008), Dilley S, (Gyn Oncol 2021), Gilham C (BMJ 2021), Wang J, (PLOS Med, 2014) Gyllensten U, (Lancet Oncol, 2017), Booth B, Tranberg M, (BMC Cancer, 2023) Department of Public Health Programmes



### Aims

- If a HPV catch-up screening intervention was associated with high screening uptake and higher CIN2+ detection as compared to women not offered screening?
- If insufficiently screened women were more likely to undergo vaginal selfsampling than sufficiently screened women?
- Estimate the benefit-harm ratio of the intervention as number of colposcopies needed to detect one CIN2+ case



### Method



\*) Cobas 4800 HPV DNA test

### **Results** Study population



	Intervention n= 11,192	Reference n= 33,387	
Median age	68.4	68.5	
Screening history at age 50-64			
Insufficiently screened	2,665 (23.8)	7,636 (22.9)	p*=0.04
(≤ 1 cervical sample)			
Sufficiently screened	8,527 (76.9)	25,751 (77.1)	
$(\geq 2 \text{ cervical samples})$			

#### \*) chi square test

Unpublished data, do not copy or distribute

# Central Denmark Region





- Intervention group
  - 62.2%, 95% CI: 61.3-63.1%
  - Clinician-based sampling was preferred over vaginal self-sampling (71.1% vs 28.9%, p<0.001)</li>
- Reference group
  - 2.2%, 95% CI: 2.1-2.4%

\*) within 365 days

Unpublished data, do not copy or distribute

### **Results Uptake- screening modality and history**



Unpublished data, do not copy or distribute

#### **Results HPV DNA prevalence**





Unpublished data, do not copy or distribute

#### **Results HPV DNA prevalence- screening modality**



- Compliance to follow-up\*
  - 99.4% (95% CI: 96.6-100%)





Unpublished data, do not copy or distribute

### **Results- CIN2+ detection**



	Intervention	Reference
Eligible women	11,192	33,387
Women with histology*	357	75
Worst histology result		
CIN2+	44	11
Per 1,000 eligible women (95% CI)		
CIN2+	3.9 (2.9-5.3)	0.3 (0.2-0.6)
Benefit-harm ratio		
Number of colposcopies performed	511#	111#
Number of colposcopies performed per CIN2+ case	11.6 (8.5-15.8)	10.1 (5.4-18.8)
(95% CI)		

\*) biopsy, ECC or cone biopsy, #) Somen women had > 1 biopsy during follow-up; thus the number of colposcopies performed was higher than the number of women with histology CIN2+: CIN2, CIN3/AIS, CIN and cancer

Unpublished data, do not copy or distribute Department of Public Health Programmes



# **Take-home messages**

- The HPV catch-up intervention resulted in:
  - High screening uptake (62.2%)
  - Higher CIN2+ detection as compared to no screening intervention (3.9 vs 0.3 per 1,000 eligible women)
  - To detect one CIN2+ case in the intervention and reference groups, comparable numbers of colposcopies were required (11.6 vs 10.1, respectively)
- Vaginal self-sampling could be the optimal screening modality for women aged 65 and above
  - Reaching older insufficiently screened women at risk of cervical cancer
  - High compliance to follow-up was achievable
  - Favorable cost
- Longer follow-up is needed to observe if the intervention translate into fewer cervical cancers and deaths in screened women
- Choice of the future screening strategy for this older age group should be based on the availability of resources and attitudes to cervical cancer risk in each country



#### Thank you for your attention

#### The project was made in collaboration with:

#### **Co-authors:**

- Berit Andersen, MD, PhD, Professor, Randers Regional Hospital, Denmark
- Petersen LK, MD, DMSc., Professor, Odense University, Denmark
- Elfström M, Post doc, PhD, Karolinska University, Sweden
- Hammer A, MD, Associate Professor, PhD, Aarhus University, Denmark
- Susanne Fogh Jørgen, PhD, Post doc, Randers Regional Hospital, Denmark
- Mary Bennetsen, MD, Department of Pathology, Randers Regional Hospital, Denmark
- Jan Blaakær, MD, DMSc., Professor, Odense University, Denmark
- Jørgen Skov Jensen, MD, PhD, Statens Serum Institut, Copenhagen, Denmark
- The staff at Department of Pathology, Randers Regional Hospital, Denmark
- The staff at Department of Public Health Programmes, Randers Regional Hospital, Denmark
  Funding:

The Health Foundation



ter and the states of the stat

Personal Press

### **Results Uptake- screening modality**





Afdeling for Folkeundersøgelser