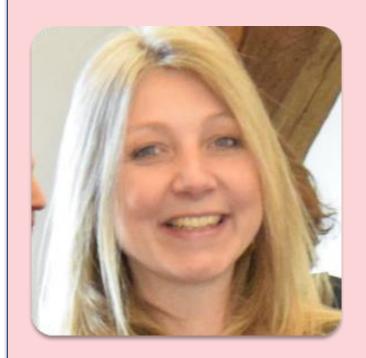


Diversity Making learning more inclusive





Edith Piqueray Fadima Aroua

Team Diversity & Inclusion



Tin Aertsen ECHO



SCHEDULE

 Introduction: learning objectives - rules - icebreaker Diversity and inclusion at UAntwerp What is my attitude towards diversity? 	(10') (10') (20')		
		4. How to incorporate diversity into my lessons? 4.1. Key principles	(30')
		BREAK (around 10.20 AM)	(10')
4.2. Inclusive communication	(20′)		
4.3. Accessible learning materials and didactics	(20')		
5. Conclusion: Takeaways and Q&A?	(10′)		





Learning objectives: by the end of this session, you will be able to define diversity-responsive teaching.

- to create a safe and inclusive learning environment;
- understand your own attitude towards diversity;
- adapt lesson content to make it reflect existing diversity;
- to communicate inclusively;
- to provide accessible learning materials and didactics;
- to support students in developing diversity competencies.



Practical instructions

Ground rules



- Take urgent calls outside the room
- Presentation will be available
- Use 3 Post-it notes for reflection
- L = language



- Be ready for interaction
- Making mistakes is okay
- "ouch" / "oops"
- Listen first
- We agree to disagree
- Topic ≠ person
- Mind (y)our air-time
- Confidentiality

Assignment 🖽



Working method



To know more - O-





Icebreaker





Hi, my name is...

- Pair up with your neighbour & ask:
 - What does your name mean?
 - How was your name chosen?
 - Why is your name spelled like this?

••••

- Take 5 minutes to complete this exercise
- → Cultural backgrounds
- → **Diverse** individuals & (in)visible identity traits



Icebreaker

- Easy start
- Introduction
- Safe learning environment
- Google: 'icebreaker'



On a scale of Cat, how are you feeling today?

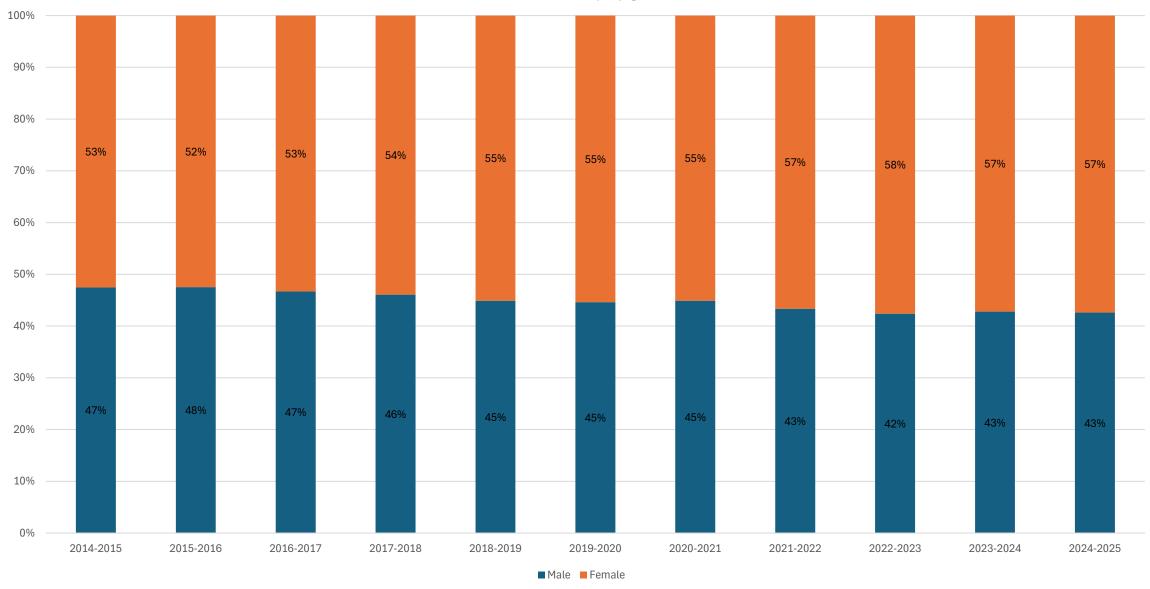






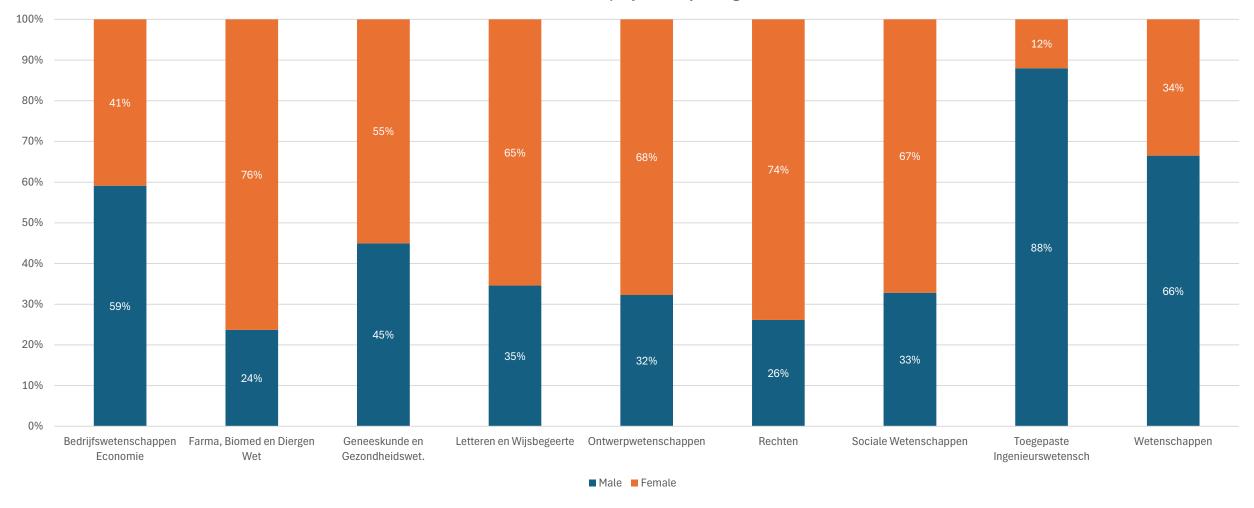


Bachelor students at UAntwerp by gender



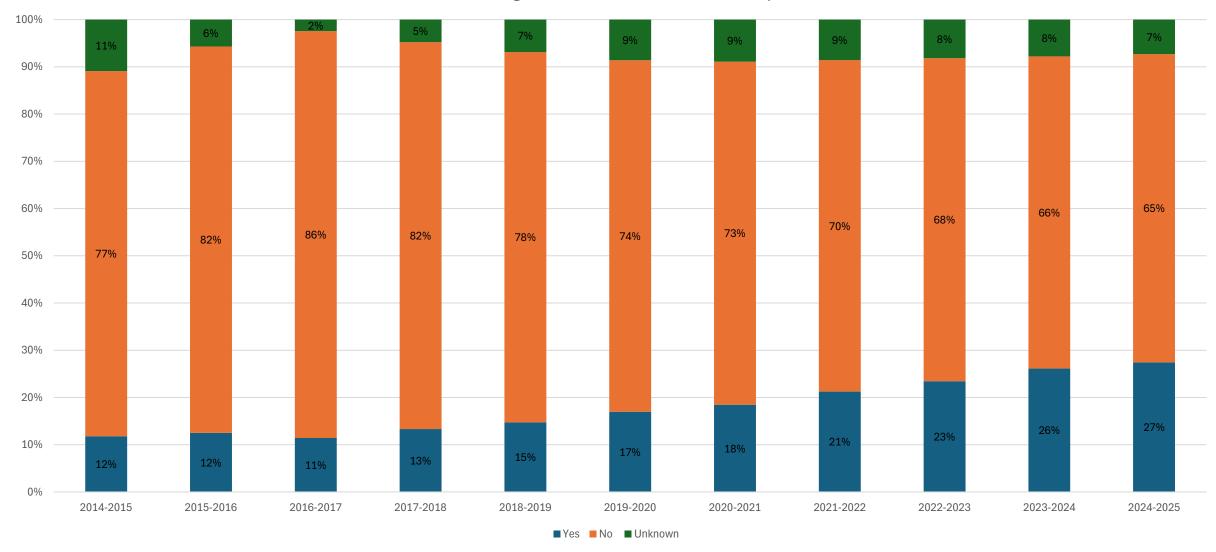


Bachelor students at UAntwerp by Faculty and gender, 2024-2025



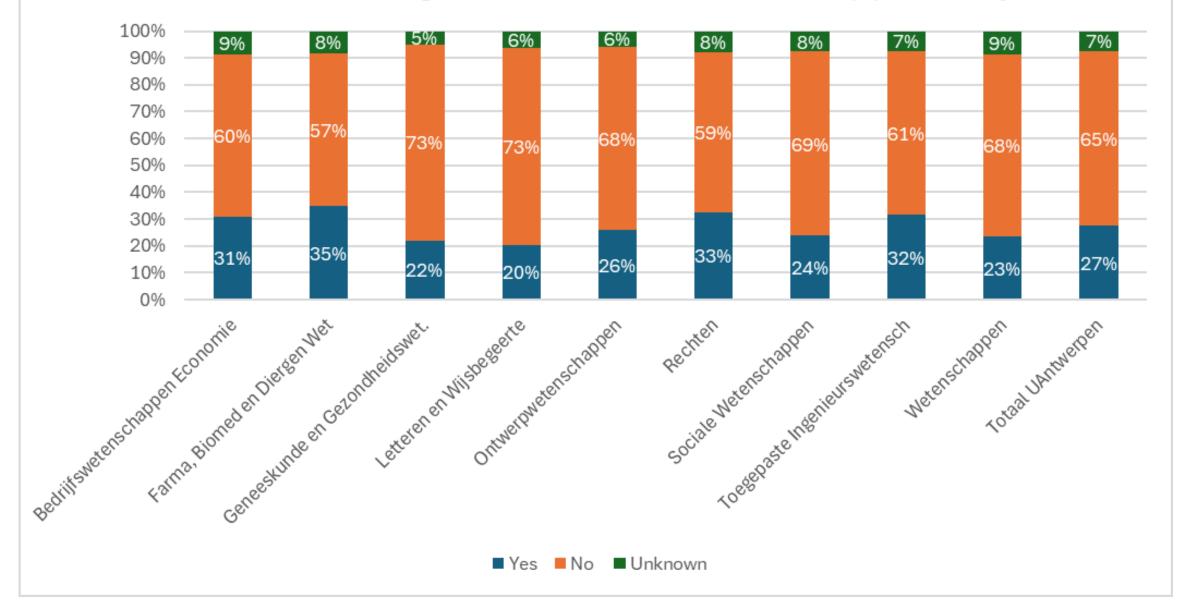


Multi-lingual bachelor students at UAntwerp



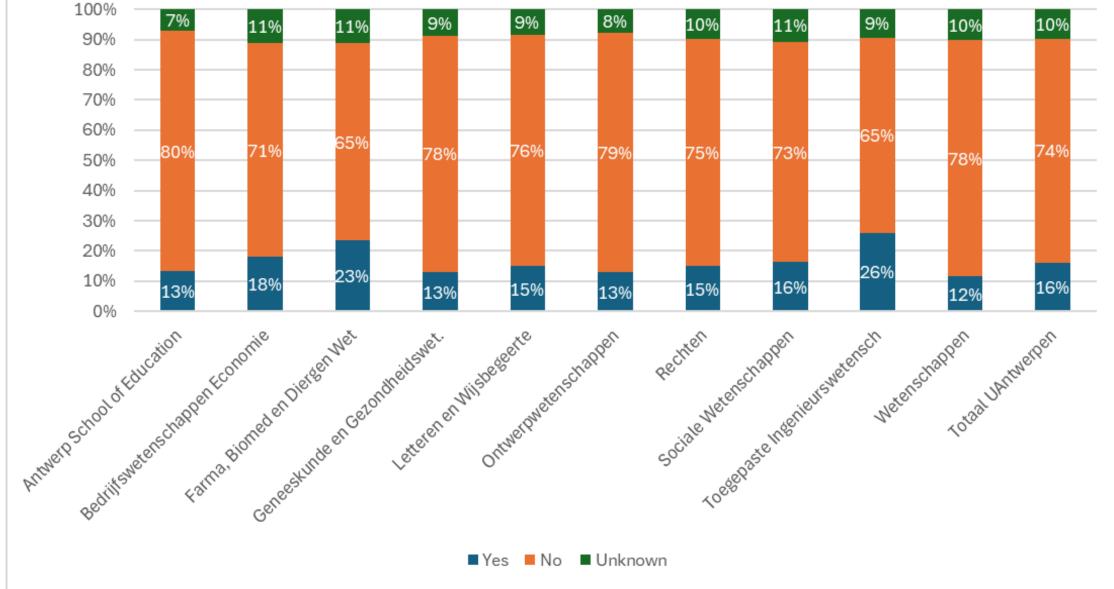


Multi-lingual bachelor students at UAntwerp per Faculty, 2024-2025

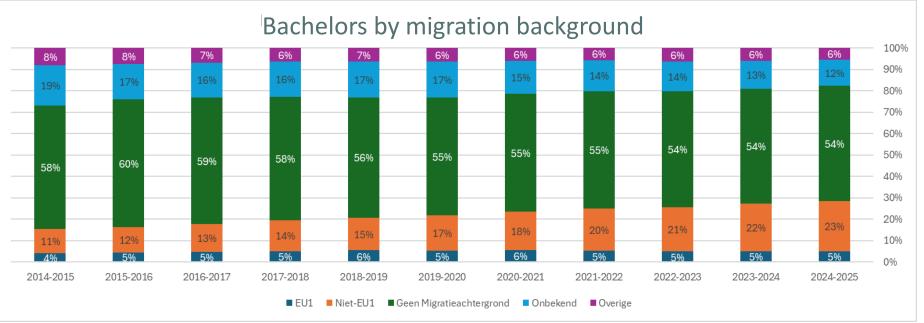


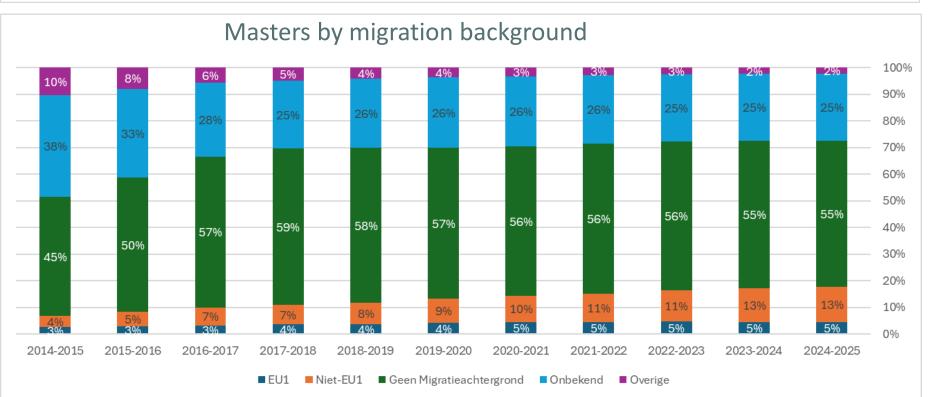


Multi-lingual Master students at UAntwerp per Faculty, 2024-2025



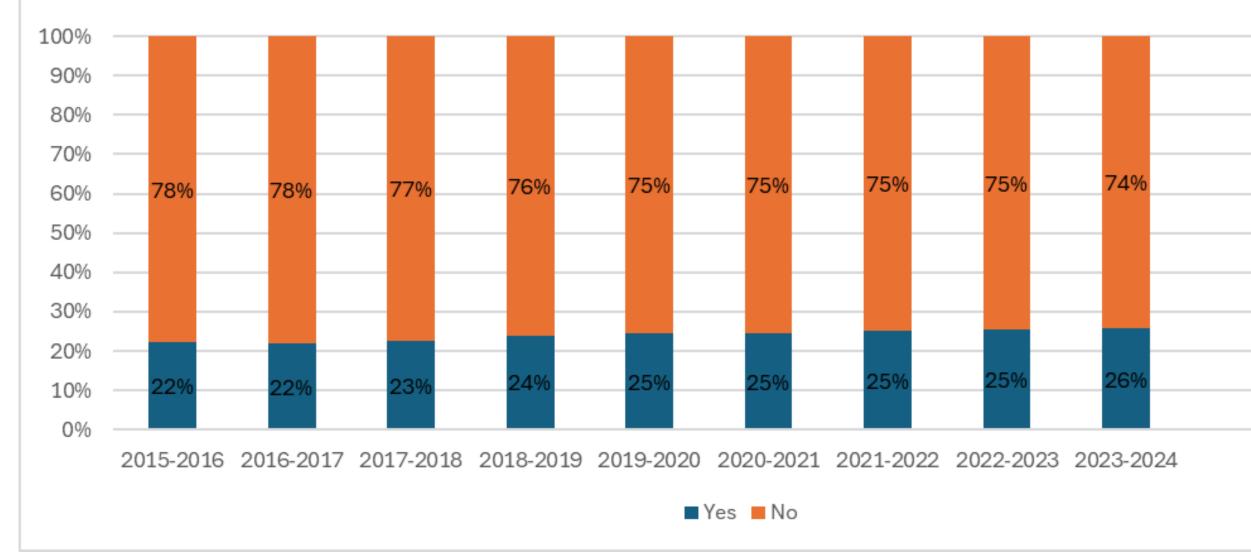








Bachelor students on scholarships, UAntwerp

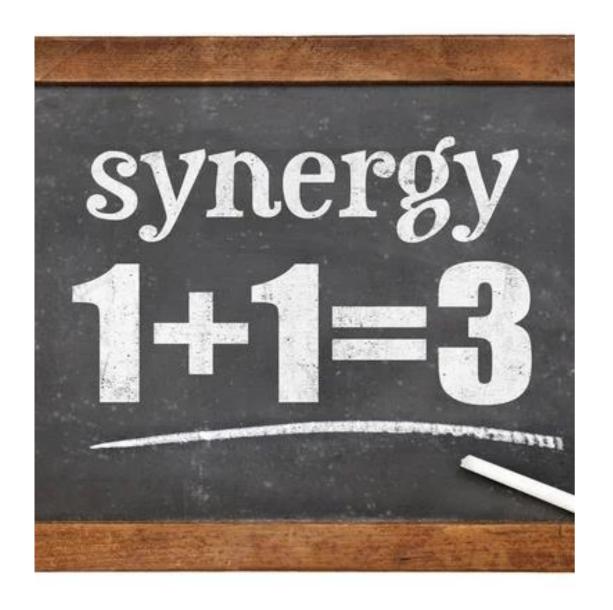




D&I at **UAntwerp**

- Diversity is a fact in Flemish society and universities
 - ex. City of Antwerp (stadsmonitor Antwerpen):
 - 0-24y: 80% with migration background
 - 180 different nationalities
- D&I in mission and vision, DNA alumni profile & code of conduct of UA
- New D&I policy plan coming out soon
- Broad definition of diversity and intersectional approach (Crenshaw, 1989)





D&I at **UAntwerp**

- Matter of justice and fundamental human rights (UN Sustainable Development Goals)
- Diversity-responsive education increases
 the quality of education, the academic
 performance and well-being of students
 from minorised groups and has a positive
 impact on the academic performance of
 <u>all students</u> (Celeste et al, 2019).
- More innovation and productivity (Ahmad et al., 2019; Dixon-Fyle et al., 2020; Levine, 2021).







Different diversity approaches



- Neutral or colour blind approach
- Deficit or assimilation approach
- Diversity responsive approach



Neutral (colour blind) diversity approach



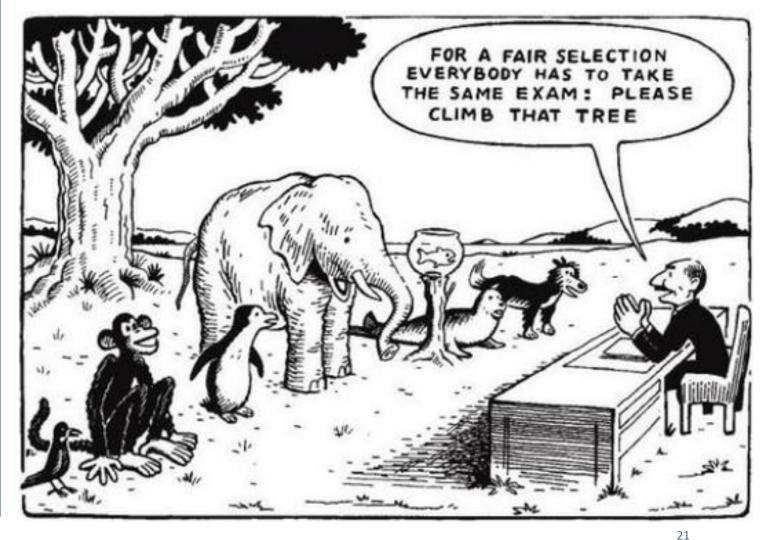


Everyone is the same

We don't see differences



Equal before the law



Deficit (assimilation) diversity approach





Adapt or leave

Headscarf is not allowed at internships



'Normal' people and the 'special ones'





Diversity responsive approach



Everyone is different



Differences are recognised & acknowledged



We take differences into account

Differences should not be ignored or trivialised. If we acknowledge them and pay attention to them, we get to know and understand each other better. And we strengthen the feeling of 'being home' for everyone. So, this is a recipe that can increase the sense of belonging and social cohesion (Jozefien De Leersnyder)



Inclusion

• About how we create a **learning environment** where **all** students experience **belonging** and to be **valued for who they are**. (Jansen et al, 2014; Shore, et al, 2011).

 Inclusion is about removing structural barriers for all and taking specific measures where necessary.

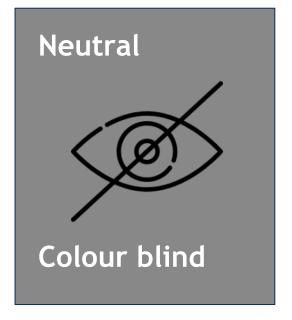


Different diversity approaches













Case

University X has a growing number of international students. Although the university is proud of this diversity, evaluations show that international students often feel less involved in the academic community. This manifests itself in low participation rates in extra-curricular activities and lower performance compared to local students. To address this problem, several possible solutions are discussed and applied.





Case – reaction A

The university's policy states that everyone is treated equally, regardless of origin, culture or background. The focus is on equal opportunities, and all students are offered the same resources and guidance. Little consideration is given to specific barriers that international students may experience, such as language difficulties or cultural differences.





Case – reaction B

The university is setting up a diverse advisory body in which both international and local students participate. This body advises on how programmes can better reflect diverse backgrounds. Workshops on intercultural communication are also held, and lecturers receive training in integrating diverse perspectives into their teaching. International students are actively involved in shaping policies.





Case – reaction C

The university organises a compulsory introduction week during which international students receive courses on how to adapt to the local culture and academic standards. For example, they learn about the Dutch language, how to write essays according to local standards, and how students can actively participate in discussions.



Key elements of a diversity-responsive approach

- Acknowledge your own positionality, frame of reference, privilege, and implicit bias
- Be transparent about the perspectives you are working from:
 - Gender identity, region, time period, secular/non-secular, etc.
- React to the diverse frames of reference that exist in your work environment
- Include and promote multiple perspectives and intersectionality
- Use your own privileges to promote a diversity-responsive approach





IDENTITY WHEEL

5 minutes

Take a look at the wheel

Answer reflection questions





Reflection questions

- Are there identity traits that you are most aware of?
- Are there identity traits that you are least aware of?
- Are there identity traits that have the most impact on how you perceive yourself?
- Are there identity traits that have the most impact on how others perceive you?



Consciously we teach what we know, unconsciously we teach who we are.

- Don E. Hamachek (1999)



4. How to incorporate diversity into my lessons?

- 4.1. Key principles
- 4.2. Inclusive communication
- 4.3. Accessible learning material



4.1. Key principles & examples

Pay attention to multiperspectivity

Avoid stereotypes

Develop students' diversity competencies

Pay attention to multiperspectivity

- Diversity in examples
- Diversity in teaching materials
- Diversity in sources
- Diversity in viewpoints of students / authors
- Diversity in role models
- Diversity in guest speakers



Diversity in examples













Diversity in teaching materials





Diversity in sources



گزارش آژانس؛لابیدیپلماتیک

تحليلگر حقوق بين الملل

ملاحظات سیاسی دولتها در موضوعاتی که

به خصوص جنیه امنیتی در شورای حکام دارد خیلی

مطرح است. چرا که در آنجا رای گیری خیلی بر مدار یا محور حقوقي نمي چرځد. به هر حال معمولا كشورهايي

مثل كانادا، أمريكا يا متحدين أن كه پيشتازند و پیش تویس تهیه می کثند اول از میزان رای در جلسه

شورای حکام بر اور دی می کنند و زمانی که ببینند توازن به نفع آنها برقرار است این پیش نویس را به شورای حکام

مى برند. هر چند كه بهنظر مىرسد پيشتهاد آژانس ۱۸

رای شورای حکام را می آورد چون آمریکا همیشه تیم

فعالى از كشورها مثل كاتاها، ژاپن، استراليا و ساير كشورها دارد که با آمریکا همکاری می کنند. در مسائل امنیتی

اروپاییهائیز خیلی کنار آمریکا هستند.البته ترجیحمایر این است که در شورای حکام قطعنامهای علیه کشورمان

صادر تشود. چرا که اگر هر گونه قطعنامهای در شورای

حکام صادر شود اجرا و رعایت آن برای ایران الزامی است.

اگر به هر دلیلی این رعایت نشد ایران یا آژانس مشکل يبدامي كندودر تهايت مثل دفعات قيل كه شوراي حكام

پرونده ایران را به شورای امنیت فرستاد اگر ایران تتواند

با رایزنی و از طرق دیپلمائیک جلوی تصویب قطعنامه

را بگیرد ممکن است مراحل سخت تری برای ایران در پیش باشد. بیان برخی مواضع از سوی برخی کشورها مثل روسیه که نیز صرفا بیانی دیپلماتیک است که اگر قطعنامه ای صادر شد ایران عکس العملی نشان ندهد. یعتی روابط خود را با آژانس محدود نکند و آن توع از همكاري كه اكنون دارد و آن پروتكل الحاقي كه داوطلبانه اجرامي كنديه خطر نيفتد لذا درصدند ايران رابه نحوى ترغیب کنند که اگر هم شورای حکام قطعنامه ای صادر كردايران باز هم به همكاري خودادامه دهد البته أزائس بين المللي انرژي اتمي به خودي خود قدرت اجرايي ثدارد

وثهايتامي تواند همكارىهاى فني خود رامحدود كنديا

يامساله حقوقي؟

جلسه شوراى حكام بدون راى گيرى به يايان رسيد تداومنكراني ايران زبرخورديكطرفهرافائل كروسي

تعامل بااين نهادمشكل مىشود

آر <mark>مان ملی:</mark> کشوقوسهای فراوان ایران و آژانس بین المللی اثرژی اتمی طی چند ماهه گذشته کار را به چایی رساند که پرونده هستهای ایران مهم ترین موضوع جلسه روز گذشته شورای حکام بود. صبح روز سهشنبه به وقت محلی، اعضای شورای حکام از طریق اینترنت نشست خود را آغاز ...

افزايش سقط جنين ◄نگراني كارشناسان از كاهش آمار تولد ◄موسوى:رويه آژانساينباشد

آرم<mark>ان ملی</mark>: در شرایطی که کارشناسان از کاهش آمار ازدواج و فرزنداوری ابراز نگرانی شدیدمی کنند و آن رازنگ خطری برای أینده نه چندان دور هرم جمعیتی ایران می دانند، این روزها آمار سقط جنين نيز در كئيور باافزايش چشمگيري همراه بوده است؛ اتفاقی که یه باور بسیاری از ...

«آرمانملی»بررسیمیکند

از ترس کرونا

درنيمه دوم امسال

طرحي كه صداي اصولگر ايان را

«آرمان ملی»از آخرین وضعیت شیوع کرونا گزارش می دهد







Diversity in viewpoints of students



Diversity in viewpoints of authors

10

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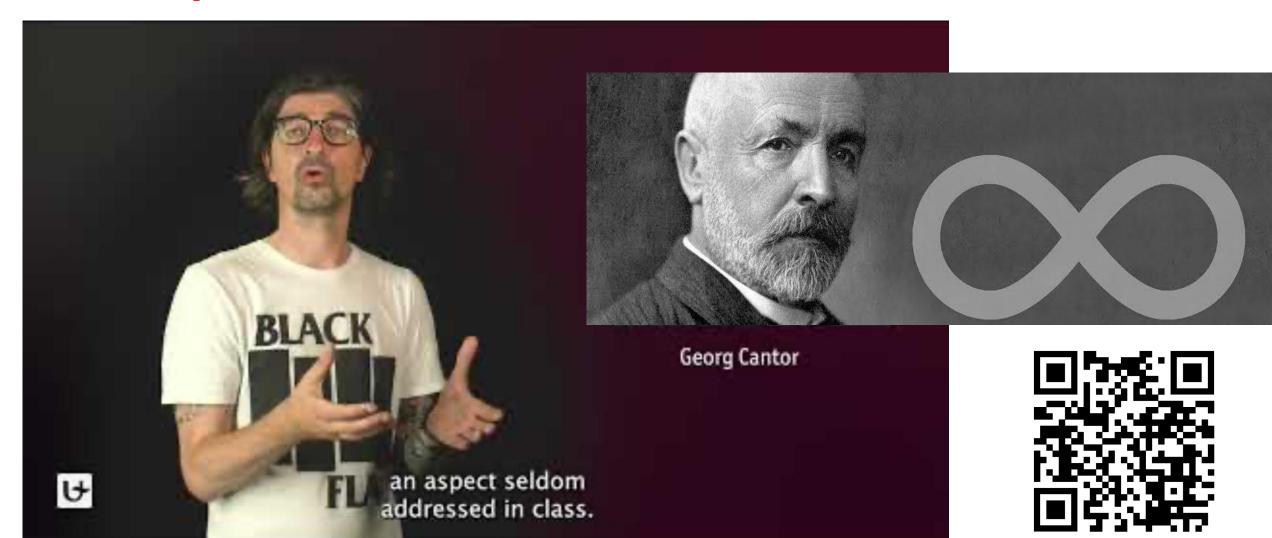


Diversity in role models





Diversity in role models





Diversity in guest speakers



Taye Birhanu Taressa



Robin Wall Kimmerer



Beware of stereotypes







the 'worker'

the 'HIV-patient'

the 'family'



Develop students' diversity competencies

Foster knowledge, skills and attitudes



Students become aware of their own bias







Exploratory speaking: chat rules for a good conversation

- 1. What do you think about ...?
 - I think that ..., but what is your opinion about that?
 - I think that ... Do you think that too or do you have a different opinion?
- 2. Why do you think that?
 - What are your arguments for saying that?
 - Can you make that more concrete, give an example?
- 3. You are right. I also think that ...
 - I agree with what you just said, namely ...
 - I respect your opinion, but I think ...
 - I understand you saying that, but I wonder if ...
 - I heard you and that might be a good idea. But still I think ...
- 4. You think that ... I think that ... Do we agree that ...?
 - Can we conclude that ...?



Exercise: make 1 good intention



- Pay attention to multiperspectivity
 - Diversity in examples, teaching materials, sources, in viewpoints of students/authors, in role models, in guest speakers
- Avoid stereotypes









4.2. Inclusive communication



Inclusive communication



- Considers individuality and diversity
- Does not exclude, discriminate, (re)produce (un)conscious bias
- Makes everyone feel welcome, safe and valued
- Journey to keep learning and adjusting to our community



Authentic representation

3 types of communication

- Written and spoken language
 - Glossary of Terms on Diversity
 - Gender-inclusive information sheets
- Audiovisual content
 - Active and intersectional representation
 - Audiovisual tools
- Events (virtual and in-person)
 - Diverse audiences
 - Integral accessibility



D&I Reflection Tool

Reflection Tool for Diversity-sensitive & Inclusive Communication and Action

Diversity-sensitive and inclusive communication is important, as it makes it possible to reach a larger target group. But what exactly should you keep in mind? This reflection tool is intended to help in this process. We hope that everyone connected to our university will routinely consider diversity and inclusion an integral aspect of their jobs.

We encourage the use of this tool for preparing policy documents, project proposals, messages about events, promotional materials and other matters. If you are curious about the best words to use when talking about diversity-related topics, our <u>Glossary of Terms on Diversity</u> could be helpful.

We reflect on three types of communication:

- Written and spoken language
- · Visual and auditory content
- Events (virtual and in-person)

The tool is based on the 'Diversity and Inclusivity Checklist' compiled by YUFE and further coordinated to the context of the University of Antwerp.

Am I allowed to say that?

Written and spoken language



Choice of words

Checklist	Example
✓ Genderinclusive?	Dear participants
✓ Empowering and free of stereotypes?	'They have a heart disease' ≠ They suffer from a heart disease
✓ Clear language?	Student information point (STIP)
✓ Accurate?	Cis(gender) respondents ≠ Normal respondents



Reflection question "Is the language gender-sensitive?"

The student must send his assignment to the lecturer by email.

- √ 'The student must send their assignment to the lecturer by email.'
- ✓ 'Students must send their assignments to the lecturer by email.'
- √ 'The assignment must be sent to the lecturer by email.'
- ✓ 'You must send your assignment to the lecturer by email.'





Communiceer positief: genderbewust en -inclusief!



Reflection question "Is the language empowering?"

Non-White students often prefer to study Economics because....

Checklist	Voorbeeld
✓ Refer to background characteristics if necessary	Students choose to study Economics because
✓ Be as specific as possible	Students of Japanese origin often choose to study Economics because
✓ Avoid offensive and stigmatising language	Students from migrant backgrounds often choose to study Economics because





Visual representation: Keys to authenticity

Beware of stereotypes







the 'worker'

the 'HIV-patient'

the 'family'



Checklist

Authentic representation

- Students can relate
- Role models

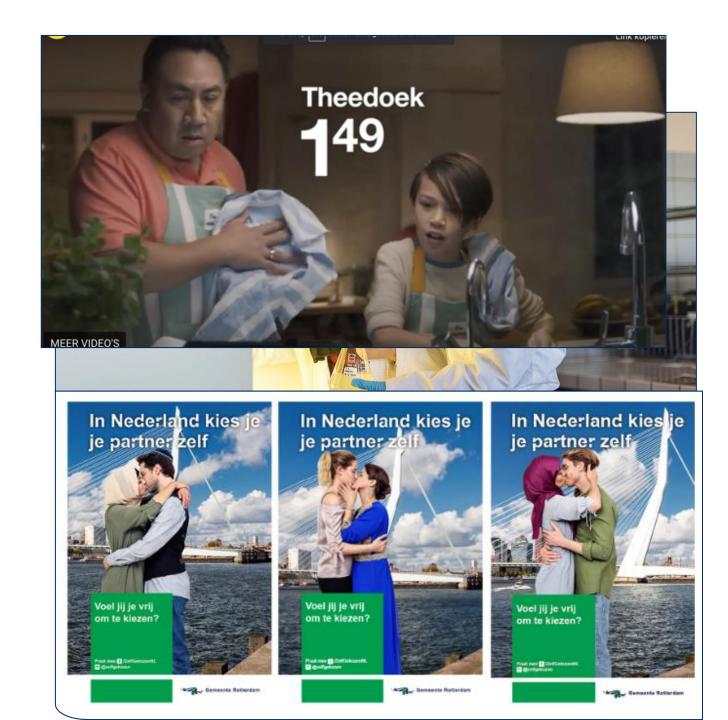
✓ Content

- Matches message
- Clarifies message

Everyday diversity

Not just on 'special' occasions





Disabled And Here

Disabled And Here is a disability-led stock image and interview series celebrating disabled Black, Indigenous, people of color (BIPOC).



Browse images

Explore stories

Inclusive photo libraries

Our photo library

<u>UAntwerp Image Library</u>

Stock images

- The Gender Spectrum collection
- Nappy
 Beautifully diverse stock photos
- #ShowUs
 An inclusive interpretation of 'beauty'
- CreateHer stock photos of melanated women
- Disabled and Here
- BReeDBeelD (SIHO)





Explore the reflection tool and identify more inclusive elements



Accessible initiatives

Interculturality in Education







Initiatives that you organise

Checklist	Voorbeeld
✓ Timing?	Mandatory presentations during Hoshana Rabbah
✓ Relevant background characteristics?	What is your biological sex?
✓ Inclusive theme and format?	Multiperspectivity and round tables
✓ Diverse speakers?	Gender, ethnic background etc
✓ Accessibility?	Do you have any specific needs?



Reflection question "Has sufficient attention been paid to the **timing** of the event and **possible barriers** to particular groups?"

You teach Logistics and Transport, and you organise a field trip to Paris
on Friday 14 March 2025





4.3. Accessible learning materials & didactics



Principle: Universal Design for Learning (UDL)

- Learning materials, assessments ... accessible to everyone
- A strong learning environment that works for all
- A global approach that addresses different needs



TIPS

- Accessible learning material
- Didactics





Inclusieve maatregelen

kan het verschil maken

www.siho.be



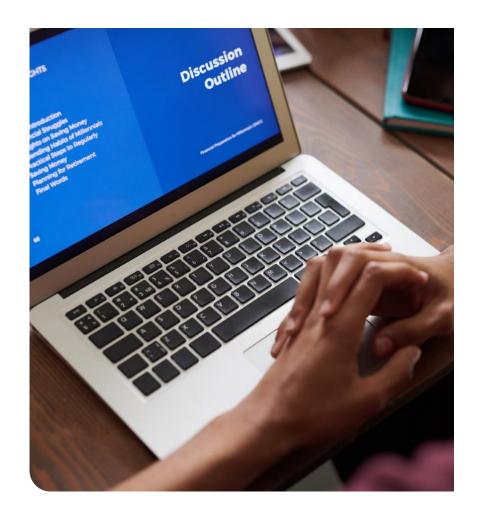






Digital and on time

- Offer learning materials digitally
 - course, presentation, literature, video
 - recorded lessons (see tip)
- Dyslexia < reading software
- Visual impairments
 - Text size
 - Color
- Offer before the start < language







Visual support

- Provide visual support in your presentation or course
 - Eg: which slide is clearest?



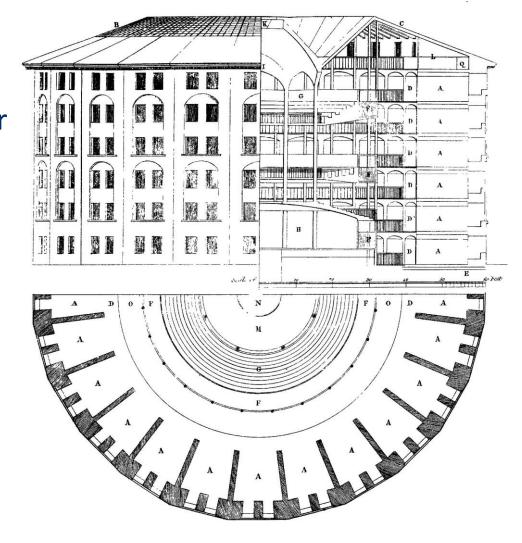
The panopticon

The panopticon is an architectural principle, described in 1791 by the English liberal philosopher Jeremy Bentham. A building designed according to this principle consists of a central hall surrounded by rings of cells stacked on different floors. A cell has two windows: one towards the outside and one towards the central hall oriented. One supervisor in the hall suffices to monitor, know and control all residentsmonitor, know and control. The panopticon serves many purposes according to Bentham: as a prison, as a school, as a workshop or hospital. Eg: which slide is clearest?



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Attention to layout

• Eg: Which is clearer? Why is it clearer?









Edith Piqueray Fadima Aroua Team Diversity & Inclusion

Tin Aertsen ECHO







Edith Piqueray Fadima Aroua

Team Diversity & Inclusion



Tin Aertsen ECHO



Attention to layout

YES NO **Arial or Calibri** Times New Roman = a serif font = a font sans serif Italics for long words or sentences Highlight titles or long phrases SENTENCES OR TITELS IN CAPITALS bold



Paper ≠ **online**

When reading a text on paper, you stay more focused, so you can present the text as a continuous block. But when information is on a screen, your attention drops by 30%. That's why it's important to present online information in a different way. For example: make it more structured (use bullets, titles) and use key concepts.

Text on paper

- concentrated
- continuous text

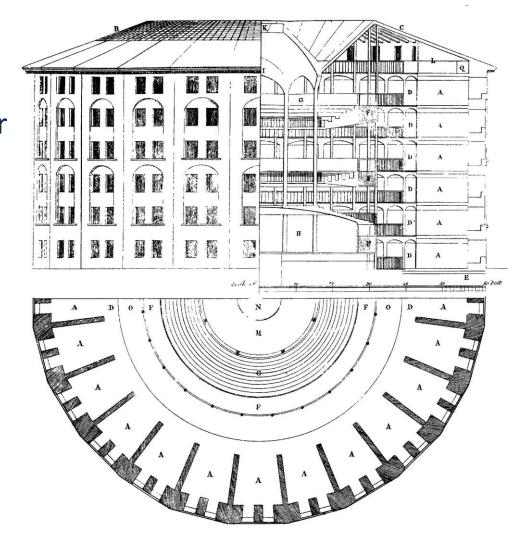
Online information

- attention drops
- structure: bullets, headings, key terms



The panopticon (paper)

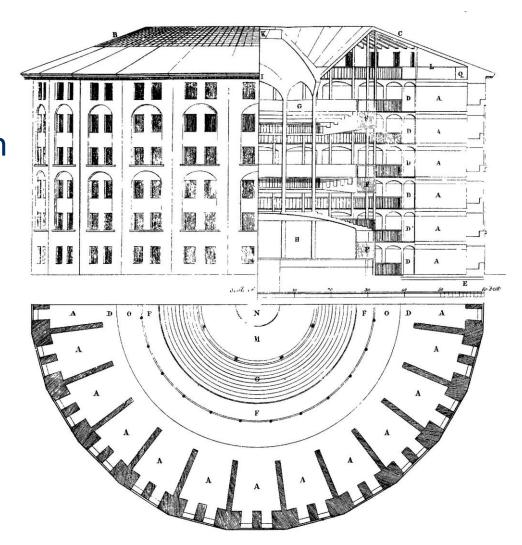
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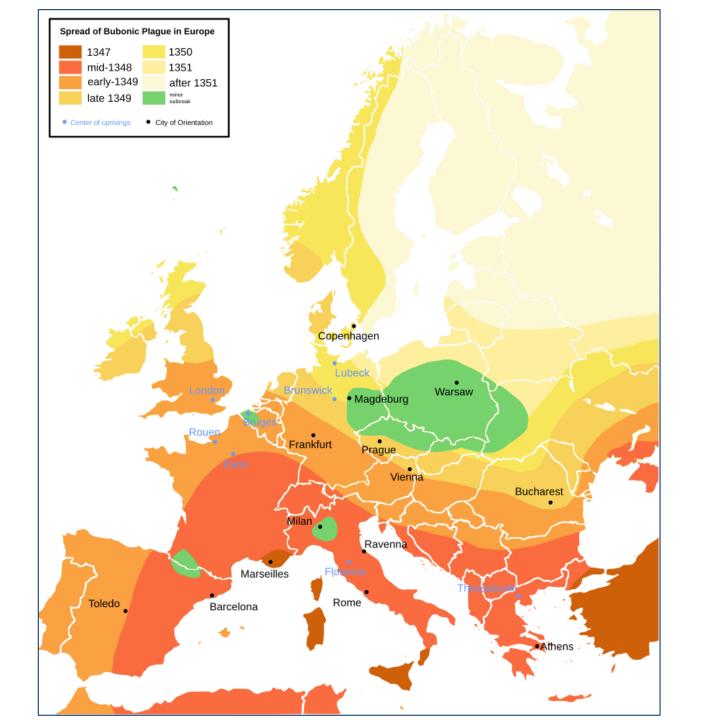
Panopticon (online)

- architectural principle
 - 1791
 - English philosopher Jeremy Bentham
- building
 - central hall
 - rings of cells around it
 - different floors
- 1 supervisor !
- purpose
 - prison
 - school
 - hospital

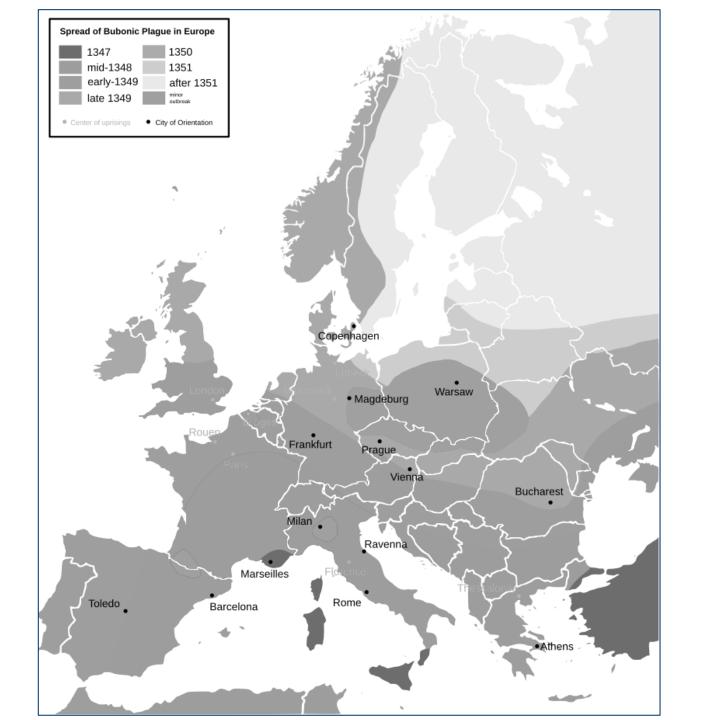




Contrast



Contrast



Color

Gray Scale

Good Contrast

Good Contrast





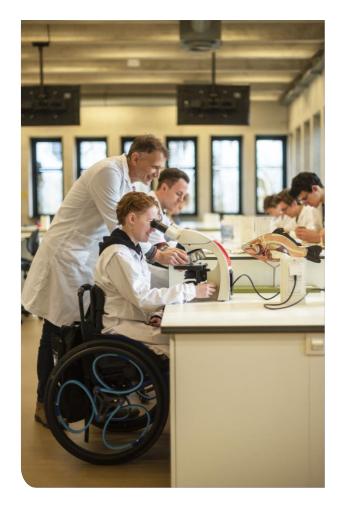
Attention to language

- no complex sentences in instructions and assessments
 - but rich and complex language in literature, course ...
- academic language and proverbs: DO NOT simplify < DO explain
 - verbal explanation
 - footnote <u>hyperlink</u> to Wikipedia
 - glossary in appendix < students!
 - Quizlet < <u>flashcards</u> < students!
 - assignment in native language first < translate
- Monitoraat op Maat / Aan de slag





Didactic tips for in class

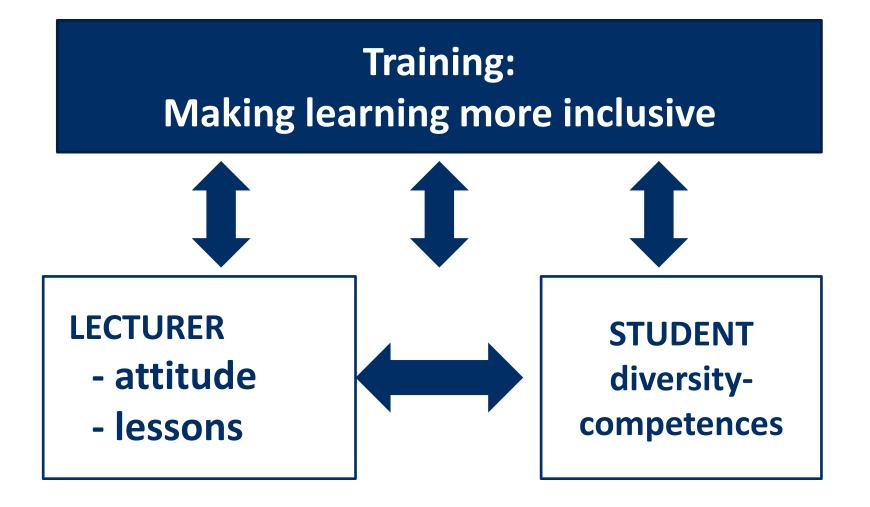


- Work with <u>heterogeneous</u> groups
- Vary teaching methods:
 - text / video
 - group / competition
- Point out different students
- Work with elaborate examples
- Clear deadlines + tips planning
- Keep learning materials / excursions affordable



Ondersteuning studenten: tips voor docenten

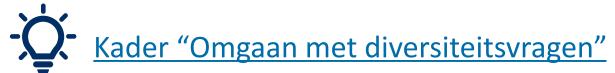
Conclusion











What's your takeaway?

- 3 takeaways for your lessons?
- 3 post-its < telephone, agenda
- Give it a try.
- Failure is part of the learning

Thank you for your participation!







Want to know more?

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- Dixon-Fyle, S., Hunt, V., Prince, S., Dolan, K., & Prince, S. (2020). Diversity wins: How inclusion matters. McKinsey & Company





Want to know more?

- <u>ECHO-onderwijstips over diversiteit: internationalisering, ondersteuning, gelijke kansen ...</u>
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Want to know more?

Website Diversity & Inclusion

Voor staff
 Sessions and support

Workshop AUHA
 19 februari: diversiteitsresponsief handelen

Training ECHO

Lecturers
 Onderwijs: Geven-Meebouwen-Ontwerpen

AVA
 3 april: Feedback geven (ENG)

Essentials of Teaching the basics in English online

Losse sessies
 31 maart: Activeren in een activerende leerruimte

Onderwijstips ECHO

Per thema < diversiteit





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