





# 2<sup>nd</sup> European CMT Specialists Conference Antwerp, 23-25 October 2025

# **Presentation PL1-06**

# Long-read sequencing reveals SORD/SORD2P inversions as a common cause of SORD-CMT missed by short-read sequencing

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## Background

Pseudogenes are non-functional gene copies arising from duplication or retrotransposition. Although traditionally viewed as genomic relics, they can cause human disease via recombination with their parental genes. Despite the broad adoption of short-read whole-genome sequencing (srWGS), over half of Mendelian disease cases remain undiagnosed, highlighting intrinsic limitations of short-read approaches in detecting structural variants (SVs), especially within repetitive or homologous genomic regions.

## Methods

We first performed a genome-wide analysis of 1,019 long-read sequencing (LRS) samples from the 1000 Genomes Project to identify recurrent gene—pseudogene inversions present in healthy individuals. To assess whether these inversions might contribute to genetic disorders, we next applied LRS and optical genome mapping (OGM) to a cohort of unsolved axonal neuropathy cases.

### Results

We found that recurrent gene—pseudogene inversions occur in at least 3.6% of healthy individuals yet remain systematically undetected by srWGS and mostly absent from gnomAD SVs database. The SORD/SORD2P locus exhibited the highest inversion frequency. We therefore studied patients clinically suspected of having SORD-related Charcot—Marie—Tooth disease (SORD-CMT) but with only a single pathogenic SORD variant identified by srWGS. Combining LRS and OGM, we demonstrated that recurrent inversions between SORD and SORD2P represent the third most common pathogenic allele for SORD-CMT. Crucially, these inversions explained 75% of patients with only one previously identified SORD variant, enabling enrolment for an ongoing therapeutic trial of the aldose-reductase inhibitor govorestat (NCT05397665).

#### Conclusions

These findings suggest that gene—pseudogene inversions may represent largely overlooked pathogenic SVs in Mendelian disease. Their systematic detection through long-read technologies has the potential to improve diagnostic yield and inform future clinical decision-making.