### **CURRICULLUM VITAE**

## ANEURIN DEAN ROBYN (Ph.D. Physiotherapy, MPhil Exercise Science)

#### **EDUCATIONAL QUALIFICATIONS**

2022 Ph.D. Physiotherapy Stellenbosch University 2013 M.Phil Exercise Science Topic: Monitoring fatigue in rugby players Stellenbosch University

Sport Physiotherapy (SPT 1, Diploma)

2007 South African Society of Physiotherapy

2004 B.Sc. Physiotherapy Stellenbosch University

Research Title: Return to play in elite rugby players after severe lower limb injury - Addressing the knowledge gaps.

### WORK EXPERIENCE (Summarized)

Stormers: 2016 – 2024 (Lead Physiotherapist from 2019, URC Winner 2022)

Springboks: 2020 – current (World Cup Winner 2023)

Namibia Rugby: Rugby World Cup 2019

Western Province Rugby (u21): 2015 - 2019 (Lead physiotherapist, u21 Winner 2015 and 2017)

Junior Springboks: 2011 – 2016 (Lead Physiotherapist, Junior World Cup Winner 2012)

Boland Rugby Union: 2006 – 2014 (Lead physiotherapist, Currie Cup 1st Winner 2011)

Stellenbosch University Sport Performance Institute: Aug 2006 – 2010 (Physiotherapy Manager)

### **EXPERIENCE WITH OTHER SPORT TEAMS (ad hoc basis)**

- Japan Sevens (2018): massage service during HBSC World Rugby 7s Series in Cape Town
- Athletics South Africa (2009 2011)
- Cricket South Africa (2009)
- Volleyball South Africa (2009)
- South African Hockey (2008 2010)
- Rangers Football Club (SA 1st Division, 2007)
- Cycling South Africa (2006)

# Key responsibilities as a team physiotherapist

- Injury management and rehabilitation
- Injury reports to team physician and coaching staff
- Musculoskeletal screenings
- Good working relations with the medical team and team management
- Liaise with respective provincial medical teams.
- Recovery strategies
- Medical services at matches
- Traveling with a team
- Liaise with local sport physicians and referral for special investigations.

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# **COMMUNITY CLUB RUGBY INVOLVEMENTS:**

- Roses RFC (Boland Premier League)
- Pniel Villagers RFC (WP League)
- Coronations RFC (WP League)

# **LEADERSHIP ROLES**

SA Physiotherapy Society (Winelands) 2009: Chairman

2008: Committee member

Tygerberg Student Council 2003: Vice Chairman

(Medical Campus) 2004: Chairman: Residences

Kerkenberg Primarius (Residence Head) 2003

Maties Hockey Committee 2001: Treasurer

Stellenbosch High School: Head Boy 1999

Die Burger Youth Leaders Conference 1998