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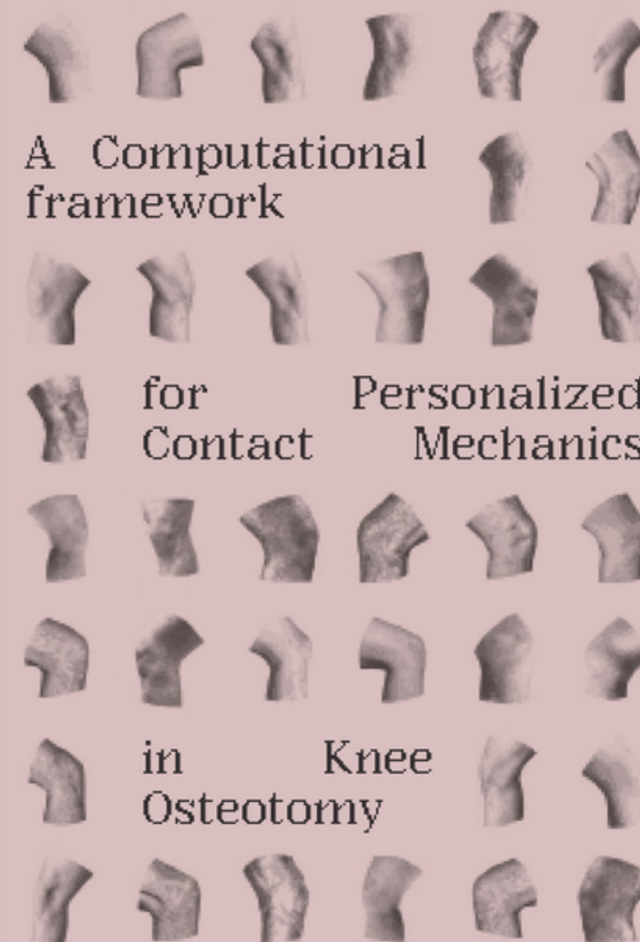
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Curriculum Vitae

2021-2026	PhD Candidate Ghent University & University of Antwerp
2020-2023	Master of Medicine in Specialist Medicine (Orthopaedic Surgery) Ghent University
2017-2020	Master of Medicine in Medicine Ghent University
2019-2020	Sports Medicine Ghent University
2014-2017	Bachelor of Science in Medicine Ghent University

Funding

fwo PhD fellowship fundamental research



Aline Van Oevelen 2025 - 2026

Dissertation submitted to obtain the degree of Doctor of Health Sciences (Ghent University) and Doctor of Philosophy in Applied Engineering (University of Antwerp)

Background

Knee osteoarthritis (OA) is a leading cause of global disability. Frontal-plane malalignment (X- or O-legs) contributes to OA onset and progression, shifting excessive load to one side of the joint, accelerating cartilage breakdown.



Joint-preserving osteotomies realign the leg to unload the diseased compartment. However, standard surgical planning relies on static 2D X-rays and surgeon intuition. While 3D Finite Element Analysis (FEA) can model cartilage stresses, its high computational cost and reliance on non-weight-bearing imaging limit clinical use.

To bridge this gap, this PhD research introduces inverse Discrete Element Analysis (iDEA): a fast computational framework calculating personalized knee contact stresses from 3D Weight-Bearing Computed Tomography (WBCT).

Why iDEA Matters?

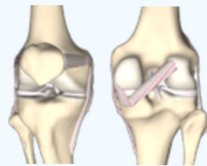
- 1 in 5 patients are dissatisfied with total knee replacements making early, joint-preserving intervention critical
- iDEA leverages **WBCT** to assess the joint in its natural, weight-bearing state
- It replaces complex FEA with **spring-based** Discrete Element Analysis (DEA) for fast, personalized contact stress analysis

Objectives

This PhD research aimed to develop an inverse Discrete Element Analysis (iDEA) framework for estimating knee joint contact stresses from WBCT data in knee osteotomy patients by addressing three challenges:

I: Healthy Knee

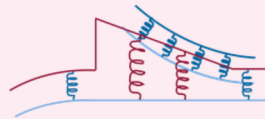
1 Personalized Soft Tissue Model



Predict the soft tissue anatomy from WBCT data, using Statistical Shape Modeling (SSMg)

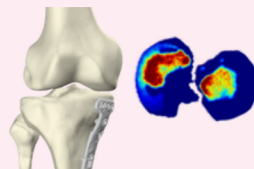
II: Osteoarthritic Knee

2 inverse Discrete Element Analysis (iDEA)



Replace soft tissue structures by springs to calculate knee contact stresses based on spring compression

3 Clinical Translation



Use iDEA to compare pre- and post-osteotomy contact stresses with control data

Key findings

I: Healthy Knee

1 Personalized Soft Tissue Model

Sub-millimeter precision was achieved for cartilage and ligament inclusion. Consistent meniscus modeling across all tested knee bending angles was observed.

II: Osteoarthritic Knee

2 inverse Discrete Element Analysis (iDEA)

The iDEA model quantified personalized mean and peak contact stresses, as well as the contact area under load.

3 Clinical Translation

Using iDEA, a trend towards normalization in contact stresses and contact area was observed comparing pre- and post- osteotomy cases with control subjects.

Conclusions

The personalized iDEA workflow enables fast estimation of knee cartilage stress, addressing gaps in conventional orthopedic planning. Its design supports clinical translation by enabling patient-specific assessment to inform surgical decision-making.

Full Dissertation

