

Exam Planner



How to plan for your exams?

1. Make a list of all your courses (see the back of this document). Try to assess how much time you need to thoroughly study each course (this includes, for example, time to understand, structure, memorise and revise the subject).
2. Fill out the days of your exams on the planner.
3. Fill out the days you cannot study (e.g., family gathering) on the planner.
4. Fill out the days you intend to study for each course on the planner.
5. Specify your exam planner, for example by making a more detailed planning at the start of each week.

Attention!

There is usually no spare time between the final week of classes and the exam period in the second semester, so be sure to study during the Easter break and bank holidays in May.

Are you having trouble planning or getting into a good workflow? The study coaches at STIP will happily help you out.

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Studenportal: support & coaching



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Antwerpen


COURSE OVERVIEW


There are two important steps to making a good study plan for your exams. First and foremost, try to estimate as accurately as possible how many days you would ideally need to finish each course. When that is done, you should count how many days you effectively have for each course before and during the exam period.



It may seem a bit daunting to compare these results, but it is necessary so you can make conscious decisions on how to proceed. The number of days effectively available to you may not be as many as you ideally need. If that is the case, you will have to prioritise certain (parts of) courses. Decide what you absolutely need to do, and which parts are less important. Some examples of what you can do: skim a chapter, skip a chapter, make fewer exercises, ... Once you complete the high priority tasks, you can have a look at what else you may be able to finish.



Course (Co)	Number of days needed to study this Co (ideally)	Number of days available for this Co (effectively)		
		During the exams (D)	Before the exams (B)	Total (D+B)

Ideal = **Effective** →  Very convenient! Go ahead and start filling out your exam planner.

Ideal > **Effective** →  You will not have enough time to study everything as thoroughly as you would like. It will be necessary to set priorities and make some difficult decisions. If you need help doing so, you can contact the STIP.

Ideal < **Effective** →  Are you certain you are setting aside enough time for your courses? Are you making realistic estimates? If so, keep it up, and make sure to enjoy a well-deserved break once in a while. If not, go over your estimates again, and contact the STIP if you need help. 

JULY 2026



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		1	2	3	4	5
6	7	8	9	10	11 UAntwerp closed	12
13	14	15	16	17	18 UAntwerp closed	19
20 UAntwerp closed	21 UAntwerp closed	22	23	24	25	26
27	28	29	30	31		

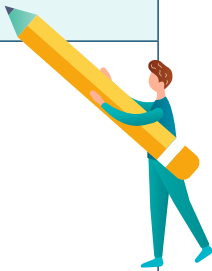


AUGUST 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
31					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15 UAntwerp closed	16
17 Start of exam period	18	19	20	21	22	23
24	25	26	27	28	29	30

SEPTEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	1	2	3	4	5 End of exam period	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				



WEEKLY PLANNER

Make a weekly plan on how to spend your time. Start by filling out all of your set commitments. Then you can add time to study, relax, etc. in the remaining time slots. Make sure you also plan enough short breaks during your study time.



	MO	TH	WE	TH	FR	SAT	SUN
7							
8							
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How do I fill this out?

Use a different colour for each type of activity::

- **Classes**
- **Study time:** update notes - process - memorise - practise - ...
- **Necessary activities:** wake up - eat - sleep - commute
- **Relaxation:** free time - hobbies - sports - vacation
- **(Social) commitments:** job - religion - volunteering - ...
- **Buffer**

Tips

- Plan an **adequate buffer** to account for times when you were supposed to study, but were unable to.
- Create a **daily routine** for yourself, for example by dividing the day into 8 – 8 – 8: 8 hours to study, 8 hours for relaxation (including food) and 8 hours of sleep is a good rhythm.
- Do not postpone the processing of subject matter in favour of finishing assignments.
- Plan your study time during your most **productive hours**: Are you a morning person or a night owl?
- Do you study in the bib? Make sure to check the opening hours on the website!