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## Biological markers for neurodegeneration in Cerebrospinal Fluid (CSF) samples

### To the attention of the patient or his representative:

Dear Madam, Dear Sir,

There is **no analysis cost for markers of Creutzfeldt-Jacob disease (ddCJD)**. **Analyses with markers of Alzheimer's disease (ddAD) are not reimbursed by the Belgian health insurance (RIZIV/INAMI). You will be charged for this analysis cost via your hospital invoice.** However, some supplementary hospitalisation insurances intervene in this analysis cost.

**I have been informed about the cost of the analyses: analysis cost ddCJD: € 0 / analysis cost ddAD: € 125**

The Born Bunge Institute (IBB, [www.uantwerpen.be/ibb-neurobiobank](http://www.uantwerpen.be/ibb-neurobiobank)) located at the University of Antwerp, wishes to use, after analyzing your bodily fluid sample, the residual volume for further scientific research. Your residual CSF sample will be stored in the IBB Biobank. Your personal data as well as the clinical findings as provided below by your attending physician will be pseudonymized and will be kept in a safely manner. The link with your doctor and the hospital will remain intact as well.

To accelerate scientific research into the diagnosis of these neurodegenerative disorders we would like to ask without obligation to provide a blood sample (plasma sample) in addition to your CSF sample. This appended plasma sample will be stored in the IBB Biobank in a similar way as your CSF sample ([www.uantwerpen.be/sampling](http://www.uantwerpen.be/sampling)). Scientists can then appeal to it.

If you wish to object to the use of this residual bodily fluid sample(s) for further scientific biomarker research, please do state so to your doctor who will note this on the form. In case of incidental findings with importance for your health, you will be informed.

**I have been informed about the scientific added value of pseudonymised storage and further use of my CSF/plasma samples.**

**I retain the right to access and correct my data, cfr. <https://www.uantwerpen.be/privacybeleid>**

Date: \_\_\_\_\_

Date and signature patient or his representative: \_\_\_\_\_

### To the attention of the doctor:

Sample receipt: Labo klinische biologie UZA, route 169  
 Drie Eikenstraat 655  
 2650 Edegem  
 Dr. Khadija Guerti (riziv nr. 11943866860)

Analysis / interpretation: Labo Neuro/Neurobiobank IBB-UA  
 E-mail: [biomarkers@uantwerpen.be](mailto:biomarkers@uantwerpen.be)  
 Tel. Lab +32 3 265 26 05  
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\_\_\_\_\_

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Patients' personal data / hospital sticker

<p><b>dd Depression or psych. disorder versus dementia (AD)</b></p> <p><b>dd Alzheimer's Disease (AD) versus non-AD neurocognitive disorder</b></p> <p>Proteins: tTau, pTau<sub>181</sub>, Aβ<sub>1-42</sub>/Aβ<sub>1-40</sub></p> <p>Clin Chem Lab Med. 2021 Nov15;60(2):207-219</p> <p><b>2x 1ml CSF + 2x 1ml EDTA Plasma (into 1,5ml PP tubes)</b></p> <p><a href="http://www.uantwerpen.be/sampling">www.uantwerpen.be/sampling</a></p> <p>Analysis cost: <b>125 euro</b></p>	<p><b>ddCreutzfeldt-Jakob Disease (CJD) - NRC-RPD</b></p> <p>Proteins: 14-3-3 / PrPsc (RT-QuIC)</p> <p>RT-QuIC inclusion only IF the diagnostic criteria 'possible CJD' according to the WHO/ECDC have been met OR 14-3-3 protein analysis returned (weak) positive. Acta Neurol Belg 2018 Sep;118(3):395-403</p> <p><b>2x 1ml CSF + 2x 1ml EDTA Plasma (into 1,5ml PP tubes)</b></p> <p><a href="http://www.uantwerpen.be/sampling">www.uantwerpen.be/sampling</a></p> <p>Analysis cost: <b>no cost (due to NRC-RPD Consortium)</b></p>
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Opting out the use of residual CSF and/or plasma for further scientific research: **only tick the box if the patient makes objection.**

email Doctor: \_\_\_\_\_

Date: \_\_\_\_\_

Name Doctor: \_\_\_\_\_

RIZIV/INAMI nr: \_\_\_\_\_

Signature: \_\_\_\_\_

Name Hospital: \_\_\_\_\_

**Please complete specific clinical findings on next page.**

Patient's name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Date of CSF sampling: \_\_\_\_\_

**Clinical duration:** \_\_\_ months      Rapid progressive neurodegeneration      MMSE: \_\_\_ / 30    date: \_\_\_\_\_  
Age at onset: \_\_\_\_\_      Slow progressive neurodegeneration      ADAS-cog: \_\_\_\_\_

**Clinical diagnosis:** \_\_\_\_\_

**Clinical symptoms at onset:**

Complaints of memory and/or orientation	Pure cerebellar onset
Behavioural symptoms	Stroke-like onset
Language difficulties	Pure psychiatric onset
Isolated visual symptoms	Sensory symptoms at onset
Extra pyramidal onset	Other _____

**Clinical remarks:** \_\_\_\_\_

**Clinical evolution:**

Yes No ?	<b>progressive dementia</b>	Yes No ?	limb apraxia
	memory disturbances		<b>visuospatial dysfunction</b>
	orientation difficulties (space/time)		hallucinations or delusions
	attention difficulties / distractibility		REM sleep behaviour disorder
	behavioural changes: apathy		falls
	behavioural changes: loss of empathy		loss of consciousness
	behavioural changes: disinhibition		<b>myoclonus</b>
	hyperorality		frontal release signs
	perseverative / stereotyped / compulsive behaviour		ataxia / <b>cerebellar signs</b>
	executive dysfunction		<b>pyramidal signs</b>
	language difficulties / aphasia		parkinsonism / <b>extrapyramidal signs</b>
	dysarthria		depression
	<b>akinetic mutism</b>		<i>psychiatric problems</i>
	verbal apraxia		<i>epilepsia</i>

**Neuro-imaging - if performed - thick when present**

**MRI / CT**

Normal  
Abnormalities - non specific  
Abnormalities - affecting striatum or neo-cortex  
High signal in caudate lobe and putamen  
High signal in posterior thalamus > other areas  
Enlargements - ventricular

Atrophy - cerebral	/	Predominant regions	/	Global atrophy	/	Temporal atrophy	
		frontal	L R	GCA = 0		MTA 0	L R
		temporal	L R	GCA = 1		MTA 1	L R
		parietal	L R	GCA = 2		MTA 2	L R
		occipital	L R	GCA = 3		MTA 3	L R
						MTA 4	L R

other: \_\_\_\_\_  
Atrophy - cerebellar

**PET FDG predominant hypometabolism**

frontal	L R
temporal	L R
parietal	L R
occipital	L R
other:	_____

**PET Amyloid**

Neg  
Pos

**EEG**

Normal  
Periodic sharp-wave complexes - triphasic  
Slowing focal or diffuse  
Slowing frontal or frontotemporal  
Slowed alfa activity  
Decreased beta activity  
Increased theta and delta activity  
other: \_\_\_\_\_

**Additional information - Sciensano CJD Surveillance:**

**Specific risk factors**

Yes No ?	Ever had a stroke	Year of stroke	_____
	Ever had a residence in UK	When	_____
	Ever had endoscopy	When / which hospital	_____
	Ever had surgery	Surgery info	_____
	Ever had neurosurgery	Neurosurgery info	_____
	Familial history of dementia	Dementia type	_____