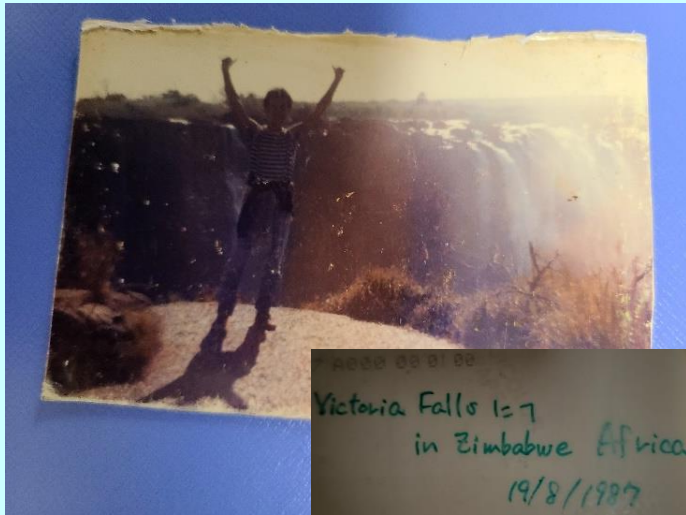


**I'm sorry,
but this photo is over 35 years old...**



Yasushi Miyauchi

**Working Student
of Nagasaki University**

**Background: Veterinarian,
Pathologist, Toxicologist**

My job:

**For around 30 years,
Developing new drugs of central nervous
system mainly in pharmaceutical company
And
Conducting safety tests and risk
assessment of medical drugs, device and
chemical substances**

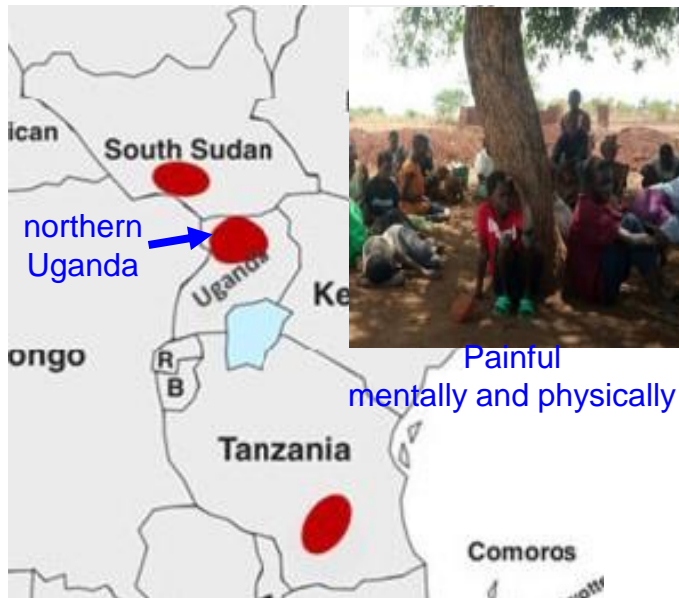
**For the past 2 years, I have been studying
and researching in MPH course of Nagasaki
Univ.**

**From this October, I will enroll in PhD
course of Nagasaki Univ.**

EXCITATORY AMINO ACIDS, POSSIBLE CAUSATIVE AGENTS OF NODDING SYNDROME AND NEW PATHOGENESIS

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¹Nagasaki University, Nagasaki, Japan; ²Kamakura Techno-Science, Inc., Kanagawa, Japan



● Geographical distribution of nodding syndrome in eastern Africa (Olum S, te al, 2020)

About nodding syndrome (NS)

- One type of **epilepsy characterized by nodding of the head**
- Occurrence in **children after 3 year of age**
- Often in **poverty areas, including refugee camps**
- Relationship to **onchocerciasis**
- **The cause still unknown**



In this study
Excitatory Amino Acids such as,
kainic acid, were examined
as possible cause

Excitatory amino acids as possible causative agents of nodding syndrome

Existing in nature ⇒ some as food



Kainic acid

Quisqualic acid

Ibotenic acid

Domoic acid

Inducing epilepsy in animals

✓ Experimental approach

- similarities of clinical symptoms and histological lesions on NS and kainic acid-treated rat

✓ Literature search approach

- kainic acid receptor agonists in eastern Africa as causative agents of NS
- Estimation of human toxicity; kainic acid receptor agonist

Research ethics;

✓ **Animal Ethics Review** by the Animal Experiment Committee of Kamakura Techno-Science, Inc

Investigation of clinical symptoms and histological lesions in kainic acid-treated rat model



Experiment 1; **Acute phase**

Administration: kainic acid; 10 mg/kg ip (n=6)
quisqualic acid; 10 mg/kg ip (n=6)

Clinical sign: Day 1 – Day 8

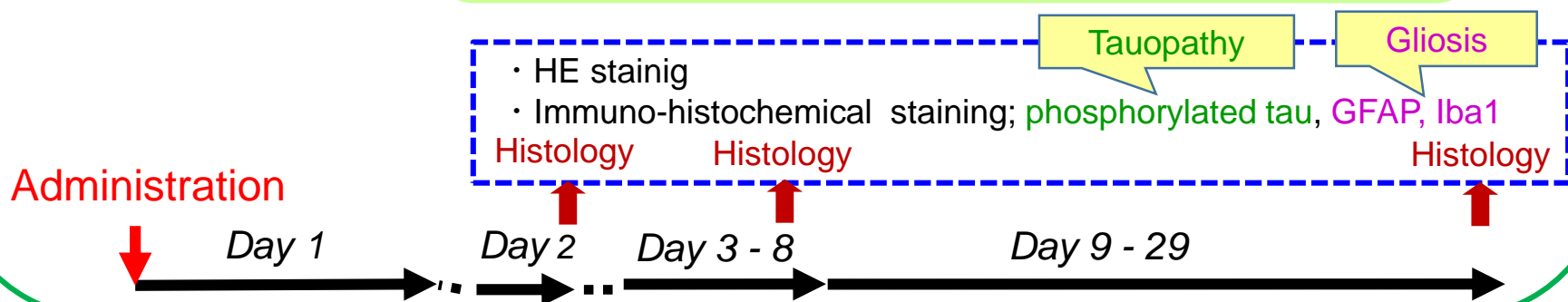
Histopathology in brain: Day 2 and Day 8

Experiment 2; **Chronic phase**

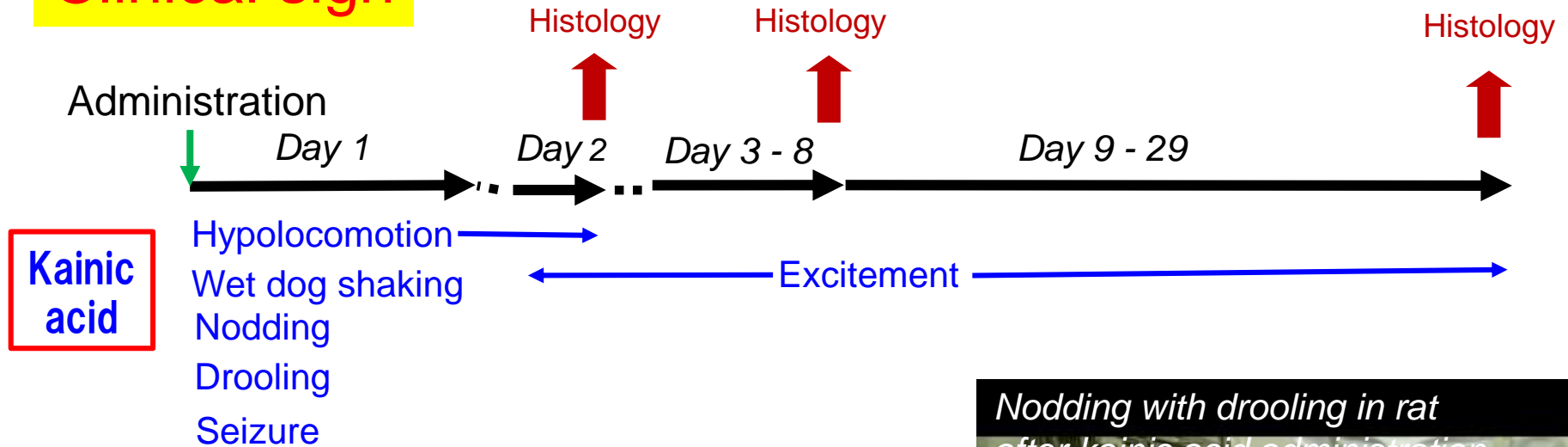
Administration: kainic acid; 10 mg/kg ip (n=3)
saline; 10 ml/kg ip (n=3)

Clinical sign: Day 1 – Day 29

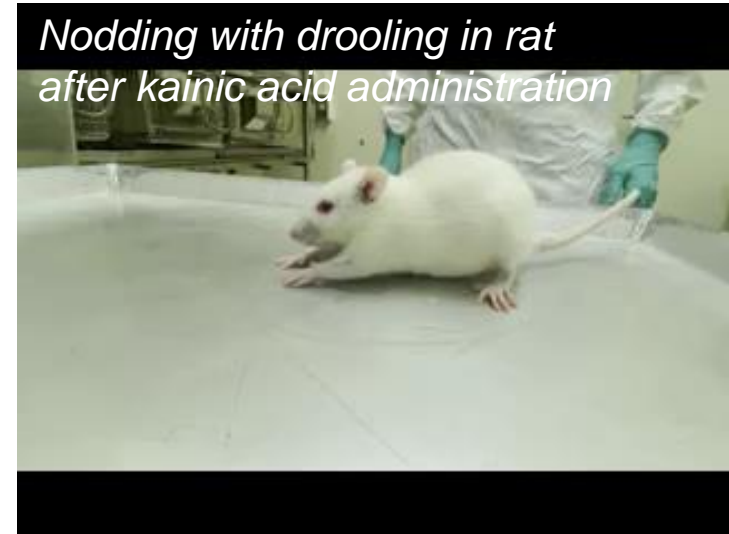
Histopathology in brain: Day 29



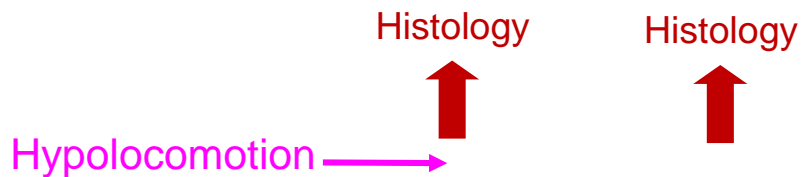
Clinical sign



Kainic acid;
✓ Epileptic symptoms; seizure
nodding with drooling
✓ Chronic symptoms; excitement



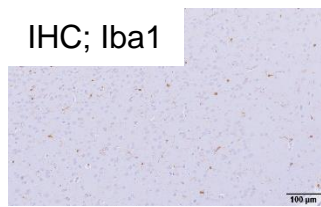
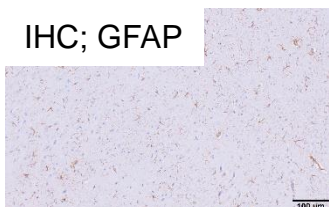
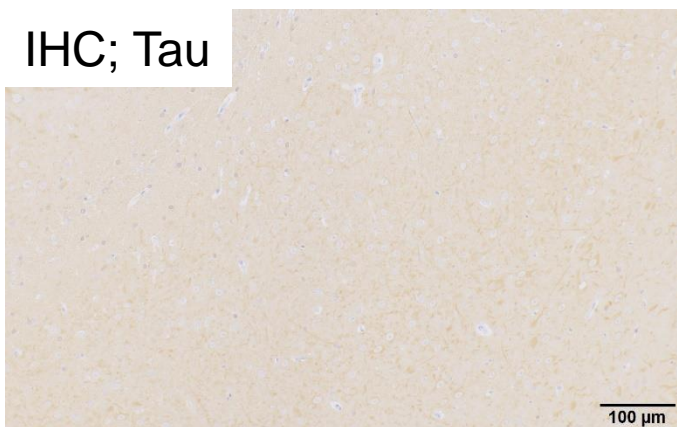
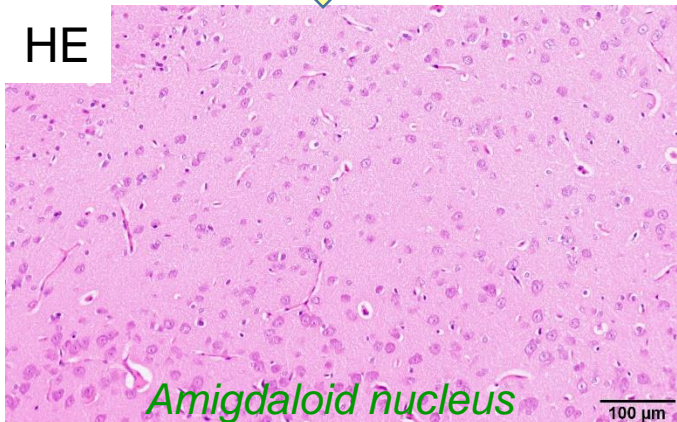
Quisqualic acid



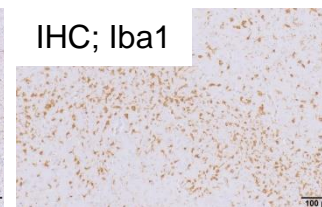
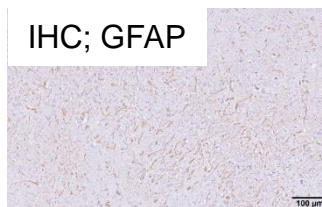
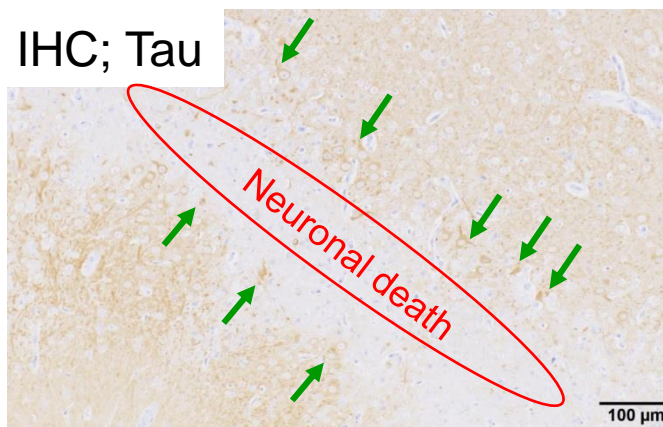
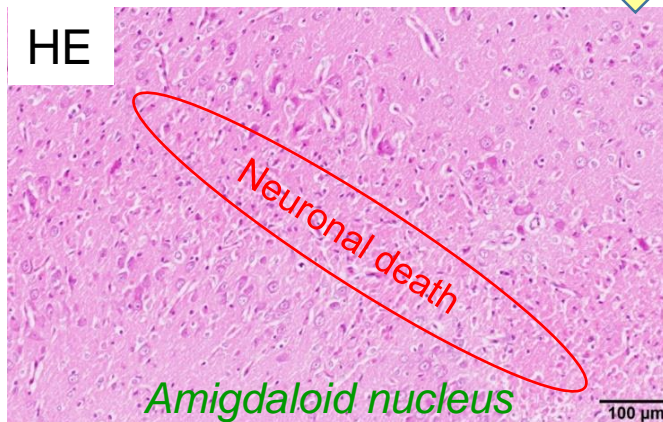
Quisqualic acid;
✓ hypolocomotion only

Result; Histology

Saline; Day 29



Kainic acid; Day 29



Neuronal death

- Periform cortex
- Hippocampus
- Amygdaloid nucleus
- Thalamic nucleus

All bilateral

(No lesions with quisqualic acid)

Tauopathy

phosphorylated tau ↑
in neurons around regions
of neuronal death
(green arrows)

Gliosis

GFAP (+) astrocyte ↑
Iba1 (+) microglia ↑

The similarity of clinical symptoms and histological lesions between NS and kainic acid-treated rat model

kainic acid-treated rat



◎ Epileptic symptoms; nodding with drooling and seizure

From the literature,

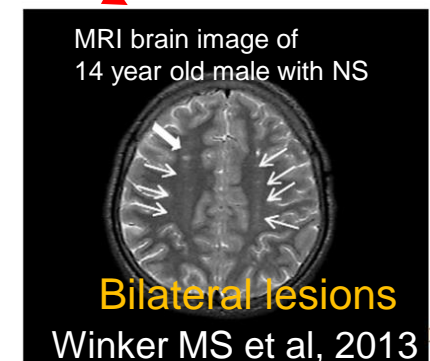
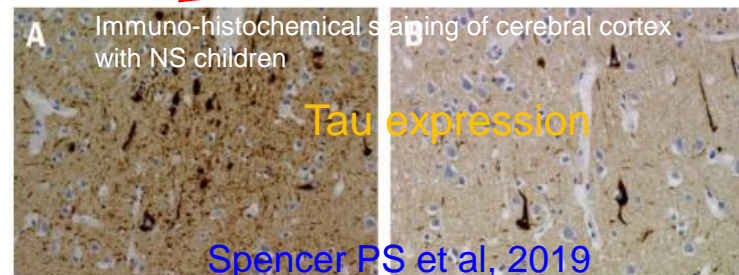
electroencephalography

- ✓ Spikes and slow waves in EEG; NS and this rat model
- ✓ A loss of neck muscle atonia; nodding symptoms in this rat model

◎ Neuronal cell death in piriform cortex, hippocampus, amygdaloid nucleus and thalamic nucleus; bilateral with tauopathy and gliosis

From the literature,

- ✓ Neuronal cell death with gliosis; bilaterally with NS children
- ✓ Tauopathy; the topic of recent studies on NS



Possible causative agent of NS in eastern Africa

Kainic acid receptor agonist in moldy maize

Ustilago maydis in Sudan



Morchelo-d'Ragga PW et al, 2015



Tricholomic acid

Strong kainic acid
receptor agonist

- ✓ *U. maydis*; a well-known fungal disease of maize
- ✓ Moldy maize: significantly consumed in the dietary history of NS
- ✓ Possibility of contamination of corn flour in **emergency relief food**

Kainic acid receptor agonist in traditional medicine

Valerina officinalis



Valerenic acid

Not be confirmed
in eastern Africa

<https://ja.wikipedia.org>

Digenea simplex



Kainic acid

Elimination of
roundworms

<https://www.zukan-bouz.com/syu>

tricholomic acid, possible causative agent of nodding syndrome?

From this kainic acid-induced epilepsy model

Kainic acid; 10 mg/kg intraperitoneal (ip) dose in rat

↓ A coefficient of 5 in the risk assessment

Kainic acid; 2 mg/kg ip dose in human

↓ A coefficient of 10 in the risk assessment:
Individual differences among humans

Kainic acid; 0.2 - 2 mg/kg ip dose in human

↓ ip= oral : amino acids are considered to be
almost completely absorbed into the human

Kainic acid; 0.2 - 2 mg/kg oral dose in human

In humans,
the concentration of kainic acid
that induces epileptic
symptoms; 0.2 – 2 mg/kg

Taking this amount of
U. maydis

↓
human toxicity at one time

Tricholomic acid in *U. maydis*

The content of tricholomic acid in dry maize infected
with *U. maydis*: 0.36 mg per 1 g of dry maize

(Lizárrage-Guerra R et al, 1996)

In case of: Weight of a 5-year-old child; 18 kg

Eating amount of this maize this child; 30 g/day

In humans,
the exposure dose with this
child [oral dose];
 $(0.36 \text{ mg/g} \times 30 \text{ g}) / 18 \text{ kg} = 0.6 \text{ mg/kg}$

Blood-brain barrier (BBB) involvement regarding nodding syndrome

Even if the cause of NS is kainic acid, some questions remain

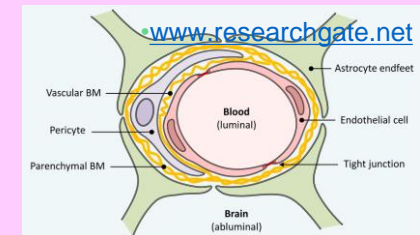
- ✓ Why does NS only happen to children?
- ✓ Why no NS in Mexico?
(customary to take *U. maydis* as a delicacy)

Reports about the environment with NS children

The endemic regions of NS

- ✓ *Onchocerca* infected areas
- ✓ Refugee camps displaced by war or conflict

Possible increased BBB permeability in NS children



Hypothesis

In the pathogenesis of NS, not only KA but also increased permeability of the BBB may be involved.

- ✓ In kainic acid-treated rat epilepsy model, the similarity to NS was shown symptomatically and histologically
- ✓ Kainic acid and/or related compound are the causative agent of NS is suggested
- ✓ Particularly, tricholomic acid, a kainic acid receptor agonist, contained in moldy maize was found as possible candidate of the cause of NS.

Future plan

- Measurement of excitatory amino acids included in *U. maydis*, and cerebrospinal fluid and blood of NS children
- Study of central nervous toxicity in pregnancy rats with excitatory amino acid

Acknowledgement

I'm very grateful Prof. Moji, teaching staffs, classmates including satellite students, the administrative staffs and colleagues at my work place.

Reference

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Thank you for your attention